

# Stop Counting Samples

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Denmark

AES121 • San Francisco • 8.10.06

# Agenda

AES 121

Stop Counting Samples



## Definitions

Intrinsic Level, 0 dBFS+  
PPM, Sample and Signal Peak Meter

## The Case

Summary of Papers and Articles  
Linear Audio Listening examples

## Status

Production and Delivery Today  
Codec Audio Listening examples

## Looking Ahead

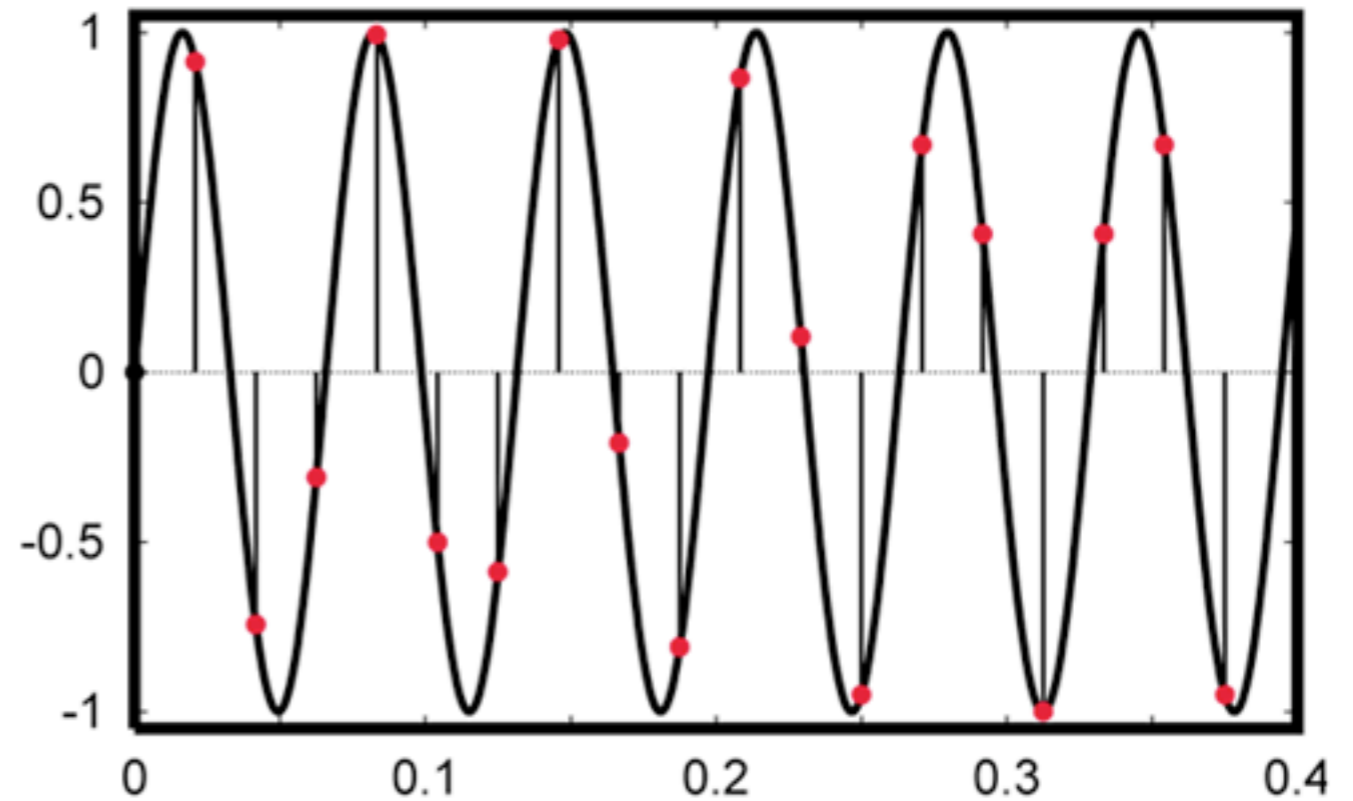
Loudness Control, ITU-R BS.1770  
Production Advice

# Intrinsic Level

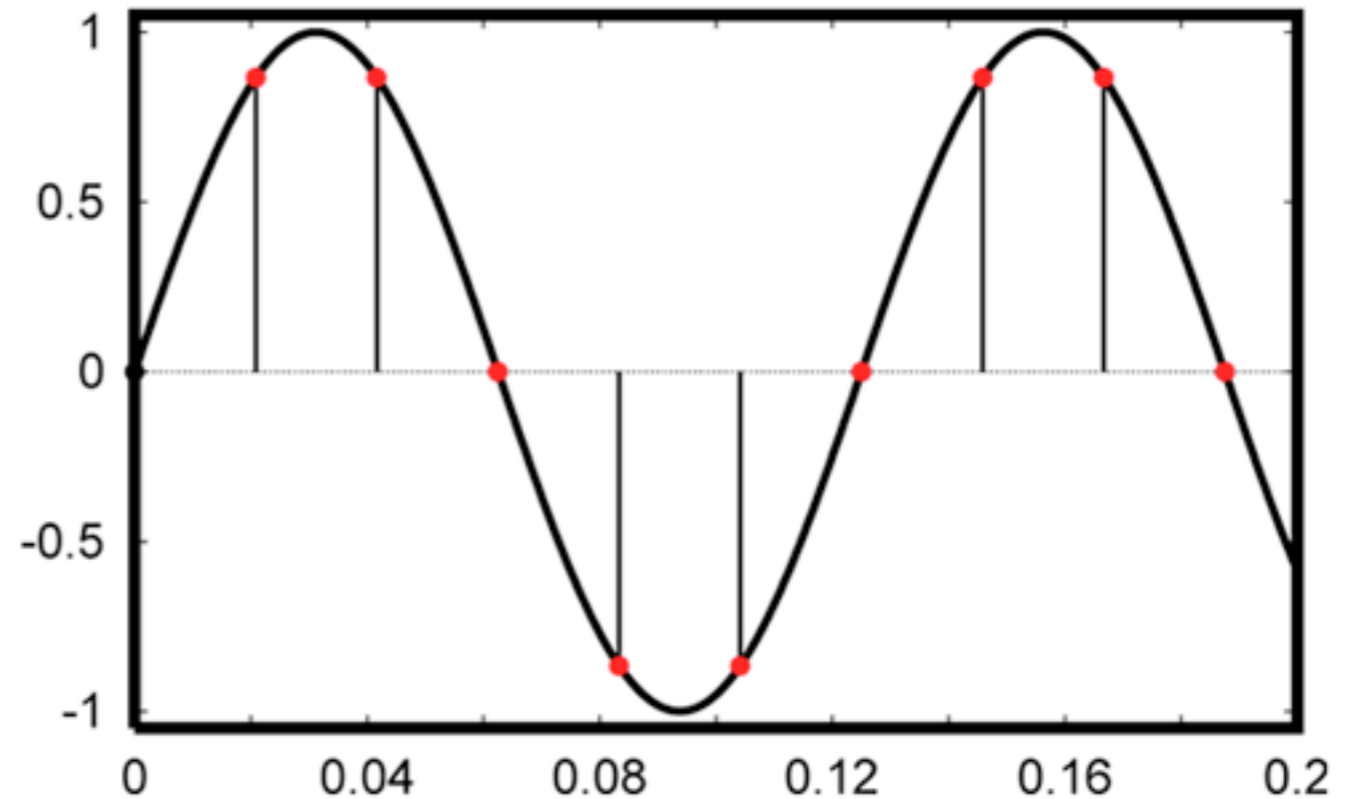
Stop Counting Samples

Even in a linear audio system, analog and digital level is not the same.

1



2



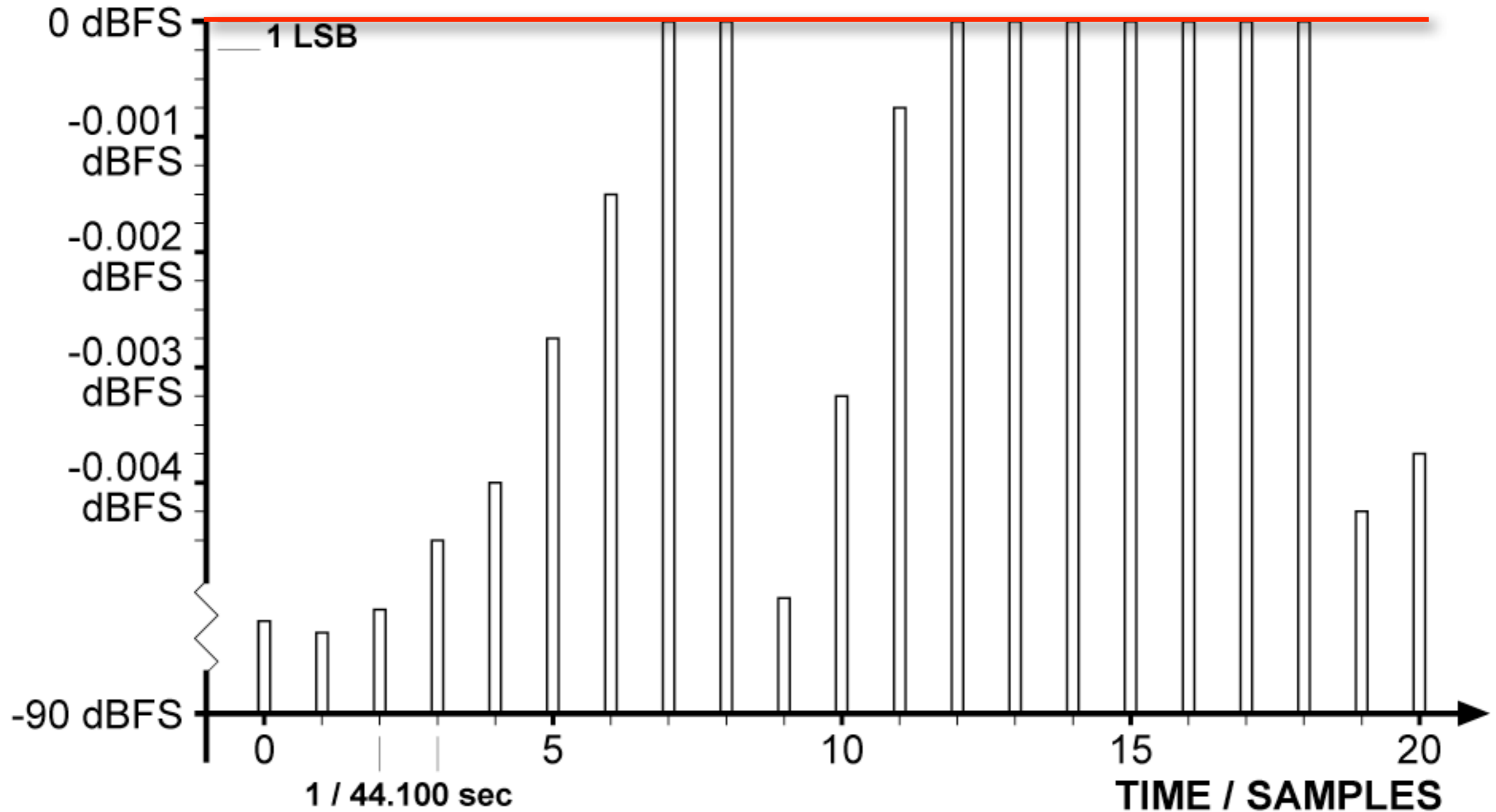
# Sample Counting

Stop Counting Samples

DIGITAL LEVEL

1

2



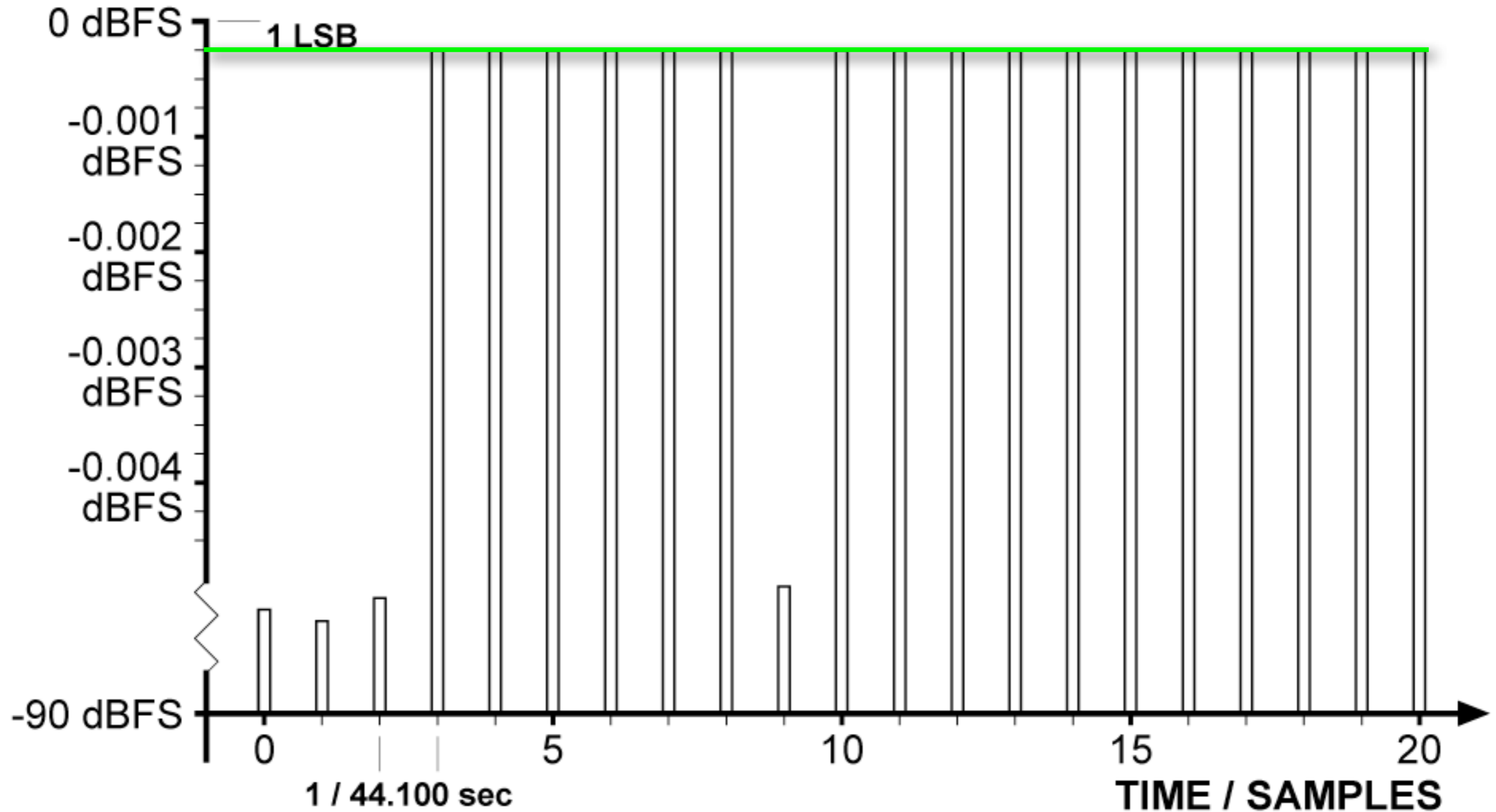
# Sample Counting

Stop Counting Samples

DIGITAL LEVEL

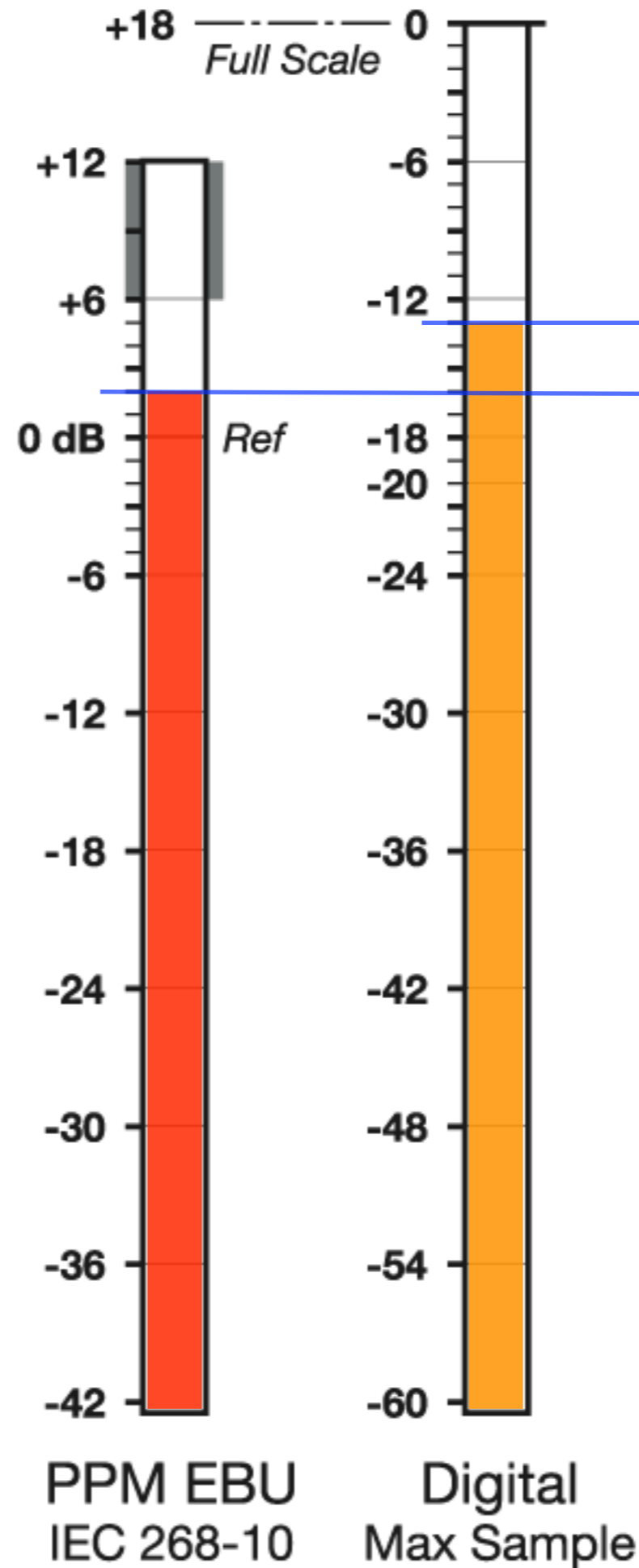
3

4



# Peak Meters

With program material, PPM and Digital meters do *not* show the same.



The difference may be 3-4 dB or more with many types of program material.

# Peak Meters

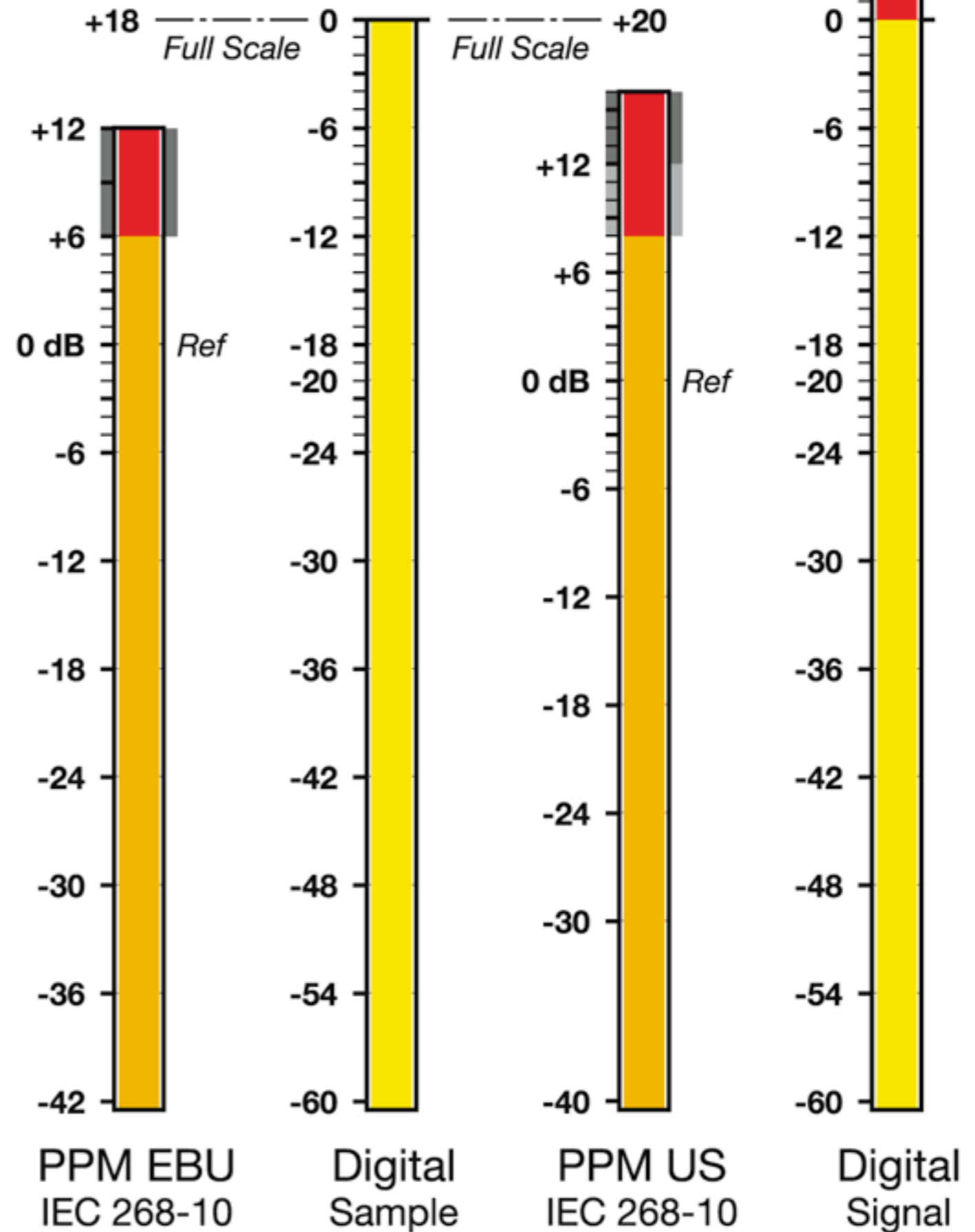
Comparison of

- PPM
- Digital Sample
- Digital Signal

Peak Level meters

## PPM vs Digital Level Meters

Reading typical new pop/rock CD



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# Audio Level

Distortion & Listening Fatigue in Digital Audio

1

## Examples

Sine @  $f_s/4$   
Full Scale

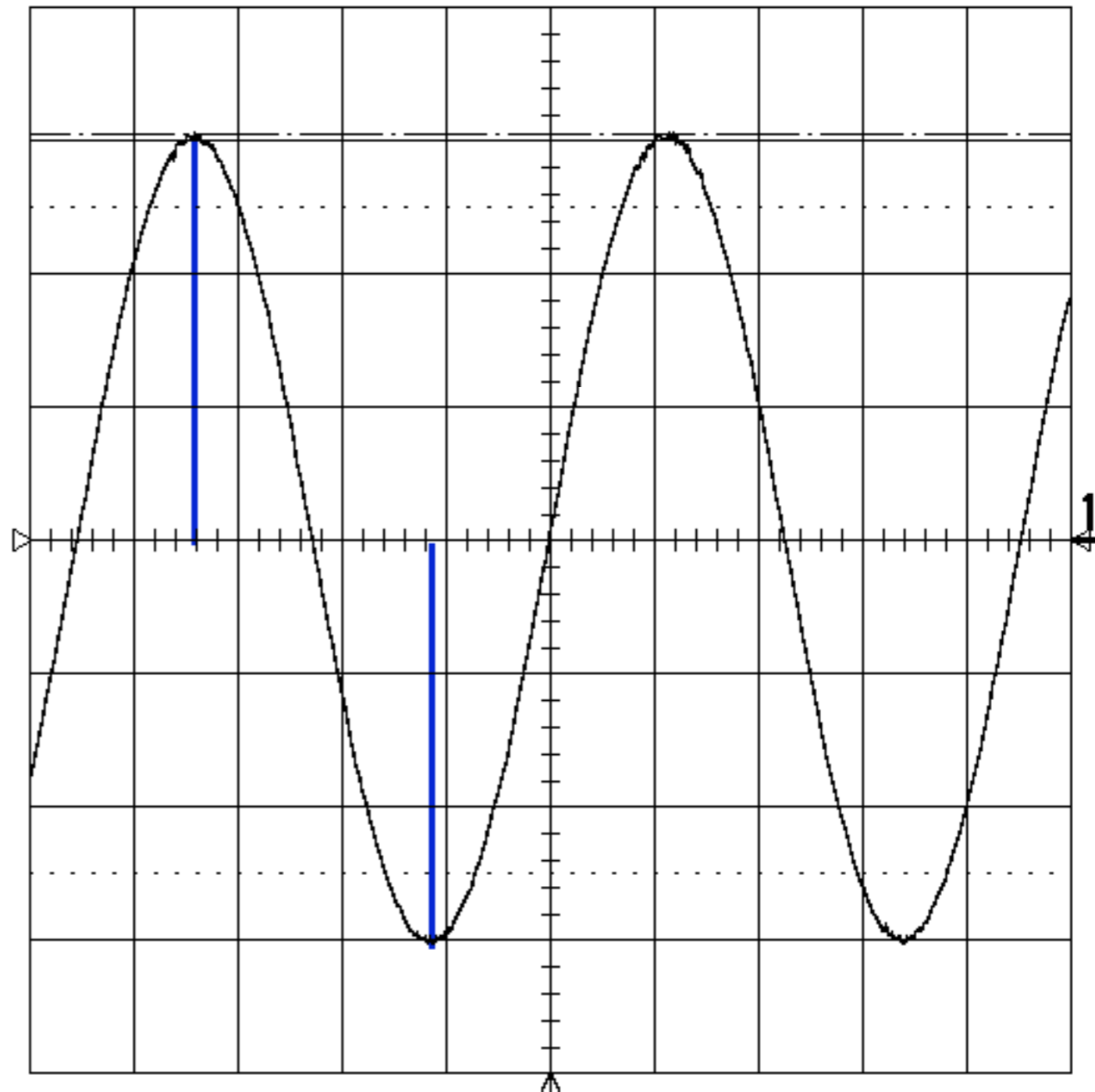
Start Phase  
90 degrees

Le Croy 9350A  
NAD C 520  
Sample rate: 44.1 kHz  
Signal: 11.025 kHz

20-Jun-00

9:10:57

1  
20  $\mu$ s  
1.00 V  
3.05 V



# Audio Level

Distortion & Listening Fatigue in Digital Audio

1

## Examples

Sine @  $f_s/4$   
Full Scale

Start Phase  
90 degrees

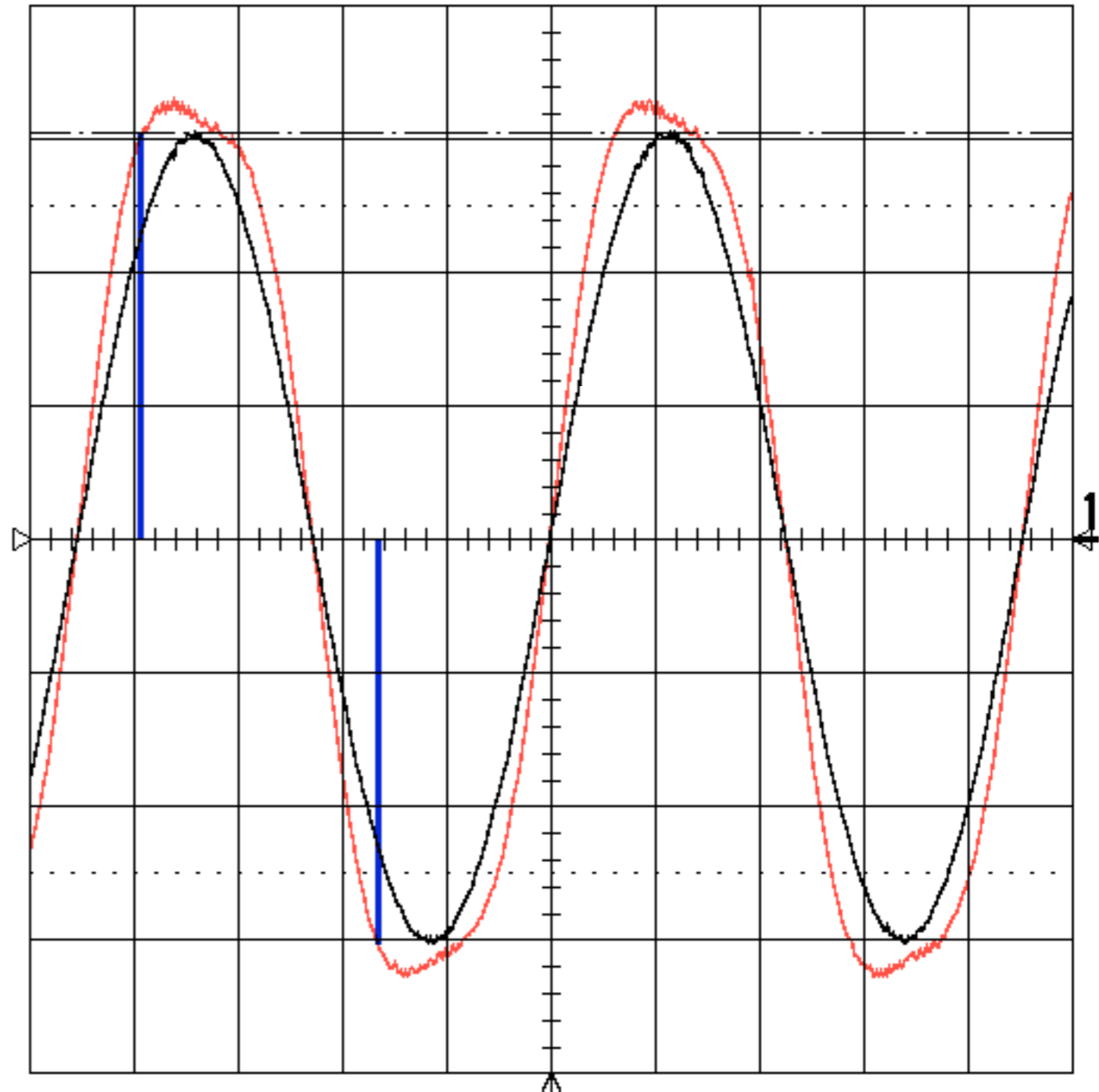
Start Phase  
45 degrees

Le Croy 9350A  
NAD C 520  
Sample rate: 44.1 kHz  
Signal: 11.025 kHz

20-Jun-00

9:10:57

1  
20  $\mu$ s  
1.00 V  
3.05 V



# Background & Summary

Distortion to The People

2

Model	Ref Trk 0 dBFS
Denon DCD725	-61.3 dB
Marantz CD4000	-58.8 dB
NAD 514	-74.3 dB
NAD 520	-67.9 dB
Sony C11	-78.1 dB
Sony D50	-82.9 dB
Yamaha CDX390	-70.9 dB

CD Player Hot Level Reproduction

THD+n  
20 Hz - 80 kHz

# Background & Summary

Distortion to The People

2

Model	Ref Trk 0 dBFS	fs/8 +0.69 dBFS	fs/6 +1.25 dBFS	fs/4 +3.0 dBFS
Denon DCD725	-61.3 dB	-34.8 dB	-27.0 dB	-18.1 dB
Marantz CD4000	-58.8 dB	-36.6 dB	-30.7 dB	-20.7 dB
NAD 514	-74.3 dB	-30.6 dB	-24.9 dB	-17.2 dB
NAD 520	-67.9 dB	-30.4 dB	-25.8 dB	-19.3 dB
Sony C11	-78.1 dB	-30.2 dB	-24.6 dB	-16.8 dB
Sony D50	-82.9 dB	-65.0 dB	-59.3 dB	-29.0 dB
Yamaha CDX390	-70.9 dB	-33.9 dB	-26.4 dB	-18.3 dB

CD Player Hot Level Reproduction

THD+n  
20 Hz - 80 kHz

# Background & Summary

Distortion to The People

2

Model	Ref Trk 0 dBFS	fs/8 +0.69 dBFS	fs/6 +1.25 dBFS	fs/4 +3.0 dBFS
SRC 1 44.1>48k	-79.8 dB	-30.2 dB	-25.0 dB	-20.0 dB
SRC 2 44.1>48k	-78.2 dB	-31.4 dB	-25.8 dB	-21.5 dB
Broadcast Proc.	-71.3 dB	-31.6 dB	-25.7 dB	-18.5 dB

Pro Equipment Rate Conversion

THD+n  
20 Hz - 80 kHz

## Critical Areas

Headroom is needed several places in the signal-path:

DA Converters

Filters, analog and digital

Sample rate converters

Data reduction codecs (e.g. MP3)

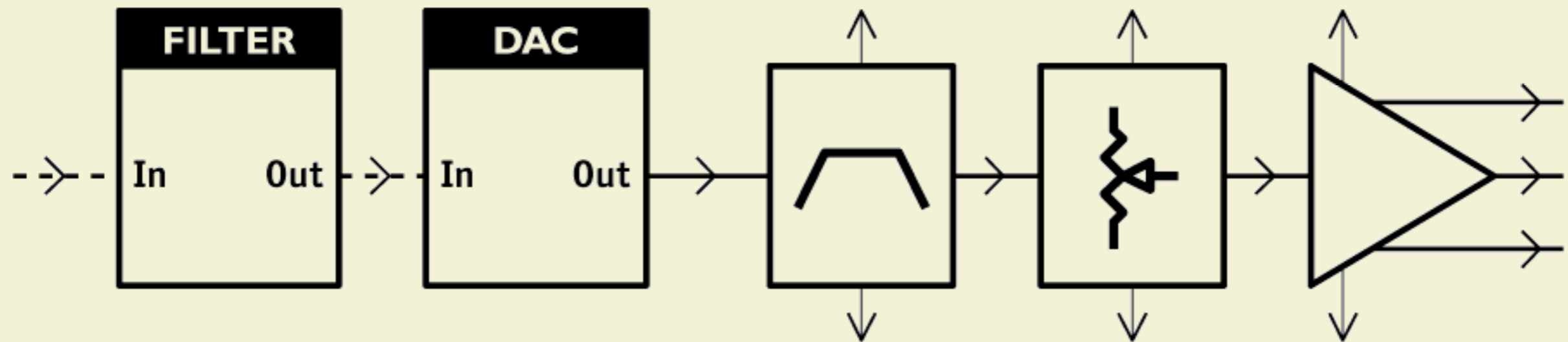
# Headroom Required

Distortion & Listening Fatigue in Digital Audio

1

Digital  
Filter

Conversion



## DA Conversion

Elements of the DA Conversion signal path  
sensitive to 0 dBFS+ level

# Headroom Required

Distortion & Listening Fatigue in Digital Audio

1

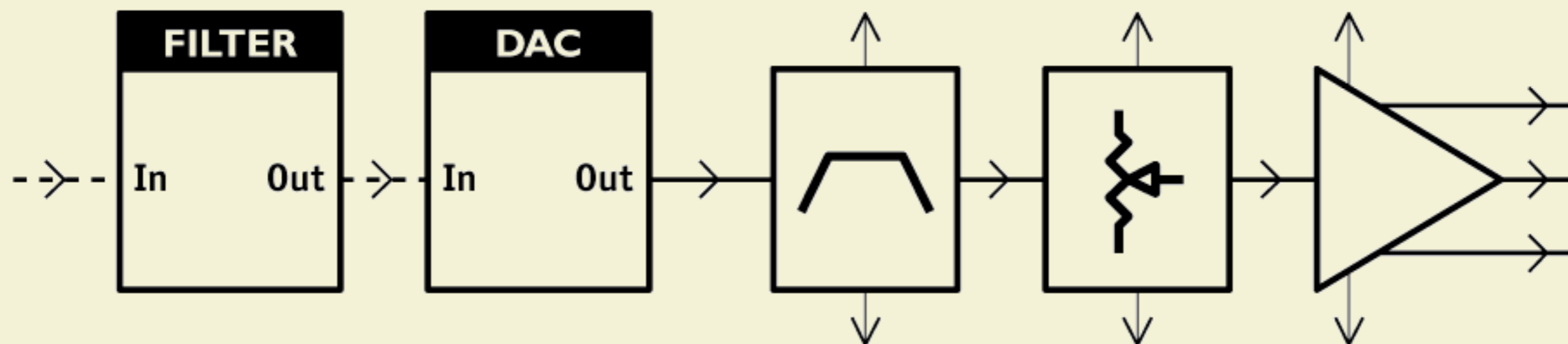
Digital  
Filter

Conversion

Analog  
Filters

Gain  
Scale

Output  
Buffer



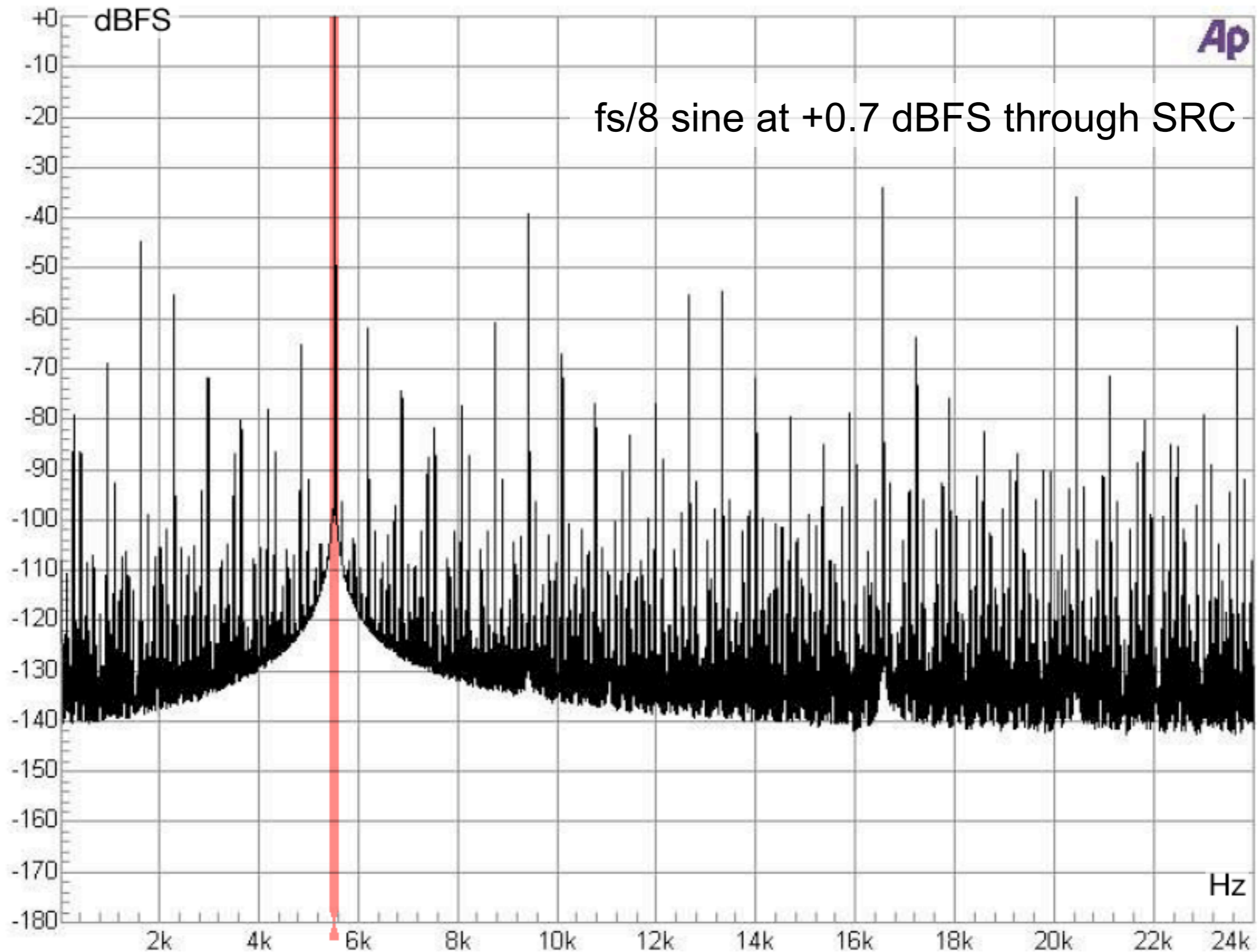
## DA Conversion

Elements of the DA Conversion signal path  
sensitive to 0 dBFS+ level



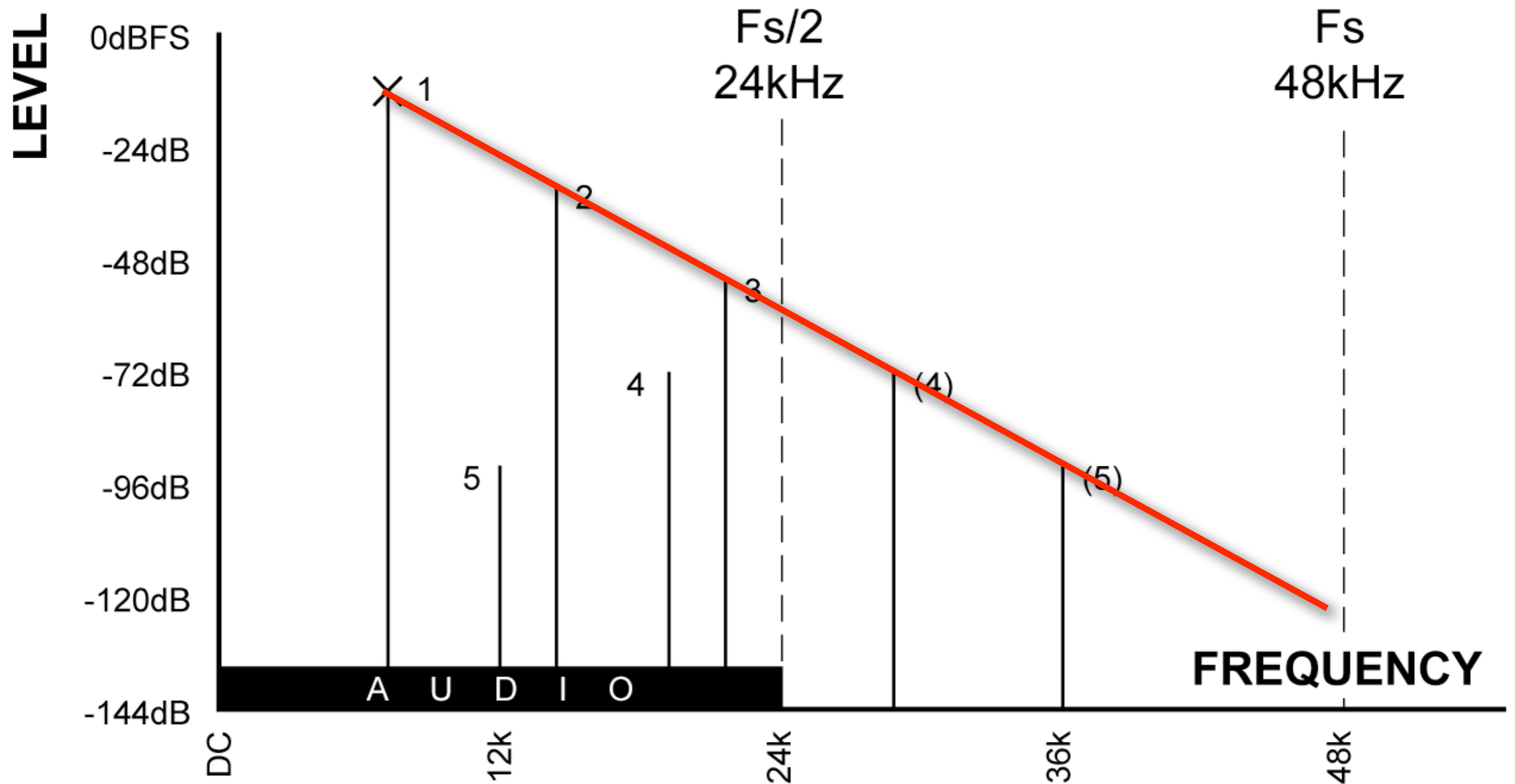
# Sample Rate Conversion

Stop Counting Samples



# Alias Distortion

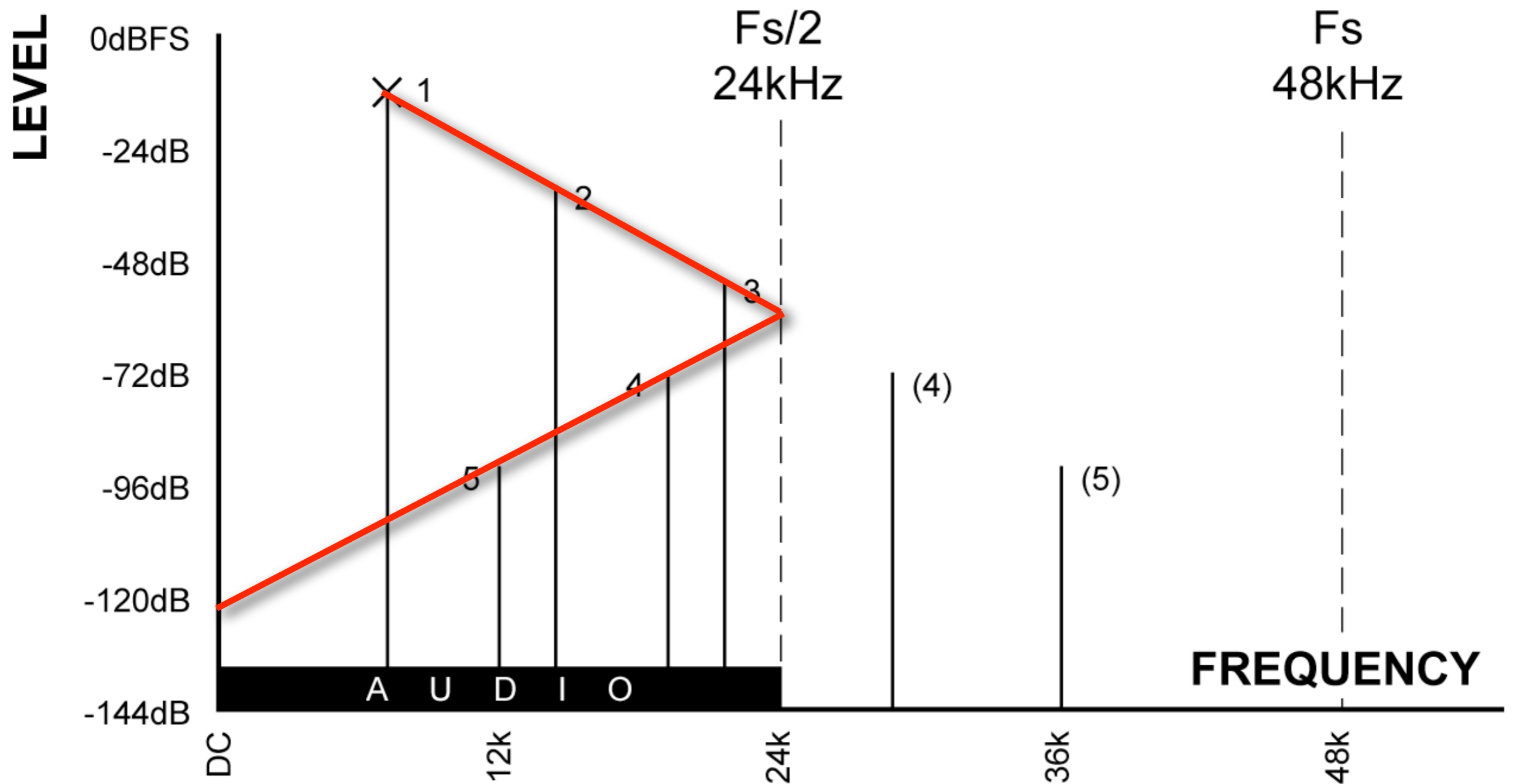
AES 121  
Stop Counting Samples



# Alias Distortion

AES 121

Stop Counting Samples



# Background

AES 121

Stop Counting Samples

## Overload History

It could take CD players 200-700 ms to get out of distortion latch-up.

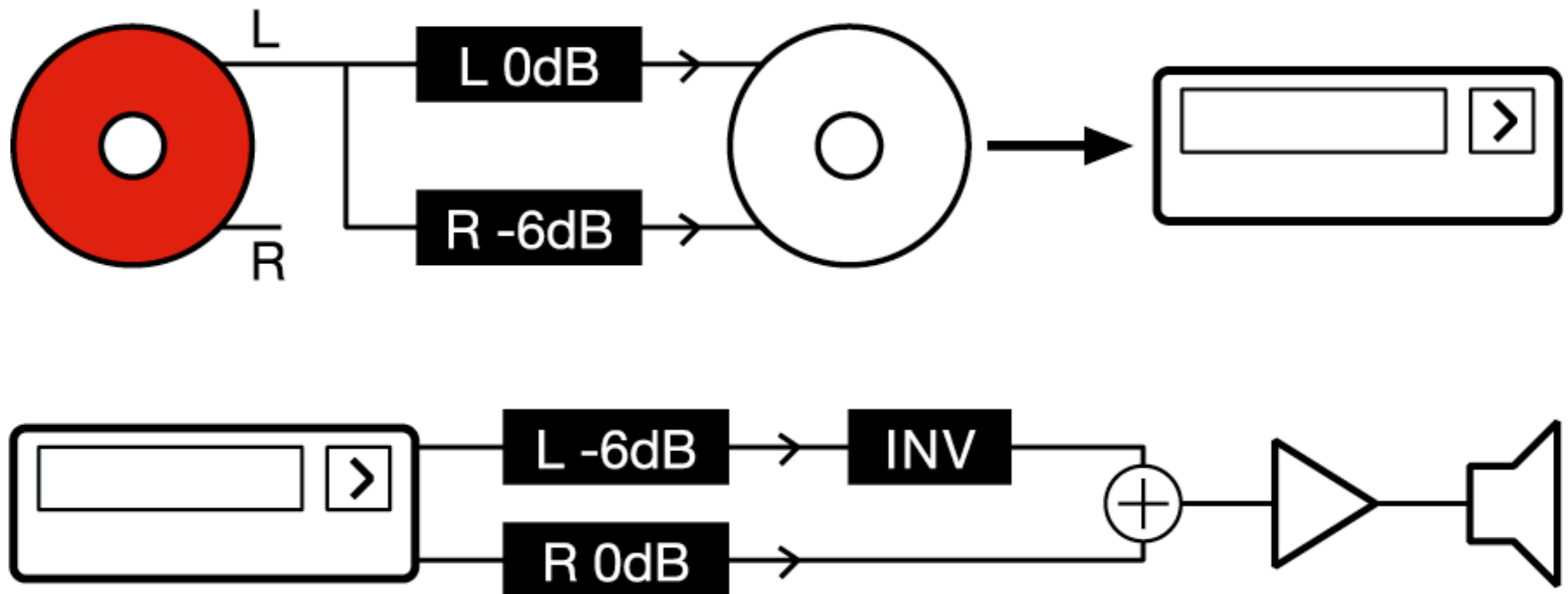
0 dBFS+ level is hit more and more frequently on new pop music releases.

*AES 23 paper...*

# 0 dBFS+

Hyper-optimized audio creates **distortion** and **listener fatigue** on CD, Film and Broadcast Commercials.

TC papers about 0 dBFS+ level and its consequences for DA, SRC's and Data Reduction Codecs available through AES.



# Audio Level

AES 121

Stop Counting Samples

0 dBFS+

0 dBFS+ level normally isn't generated unless digital processing is used.

Freshly AD converted audio generates very few such peaks, if any at all.

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# CD Production

AES 121

Stop Counting Samples

Analog  
vs.  
Digital

## **Before 1992**

Analog multitrack (emphasis)

Analog interfacing, mix and processing

Mastering to 1/2" or DAT

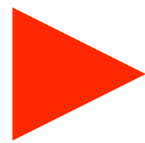


# CD Production

AES 121

Stop Counting Samples

Analog  
vs.  
Digital



## **Before 1992**

Analog multitrack (emphasis)

Analog interfacing, mix and processing

Mastering to 1/2" or DAT

What you hear is what you get

**Sample counting ok**

# CD Production

AES 121

Stop Counting Samples

Analog  
vs.  
Digital

## **Before 1992**

Analog multitrack (emphasis)

Analog interfacing, mix and processing

Mastering to 1/2" or DAT

Sample counting ok



## **Now**

Digital recording

Digital interfacing, mix and processing

Mastering to AIFF or WAV files

# CD Production

AES 121

Stop Counting Samples

Analog  
vs.  
Digital

## **Before 1992**

Analog multitrack (emphasis)

Analog interfacing, mix and processing

Mastering to 1/2" or DAT

Sample counting ok

## **Now**

Digital recording

Digital interfacing, mix and processing

Mastering to AIFF or WAV files

You don't see and hear what you get

**Sample counting not ok**



# CD Production

AES 121

Stop Counting Samples

“Desktop Audio”

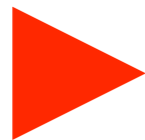
Clipping and bad limiting can create a lot of alias distortion

# CD Production

AES 121

Stop Counting Samples

“Desktop Audio”



Clipping and bad limiting can create a lot of alias distortion

Clipping may happen

- on the mix buss of a DAW
- in plug-in processing
- imported from sample libraries

and may not be seen or heard

# CD Production

AES 121  
Stop Counting Samples

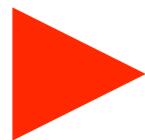
“Desktop Audio”

Clipping and bad limiting can create a lot of alias distortion

Clipping may happen

- on the mix buss of a DAW
- in plug-in processing
- imported from sample libraries

and may not be seen or heard



**DDD is not a sign of quality**

# Broadcast

AES 121

Stop Counting Samples

## Ingest

Digital inputs or file transfers can fool sample based level measures to underestimate the true peak level of, for example, commercials

# Data Reduction

AES23 Distortion.pdf (13 Pages)

NIELSEN AND LUND

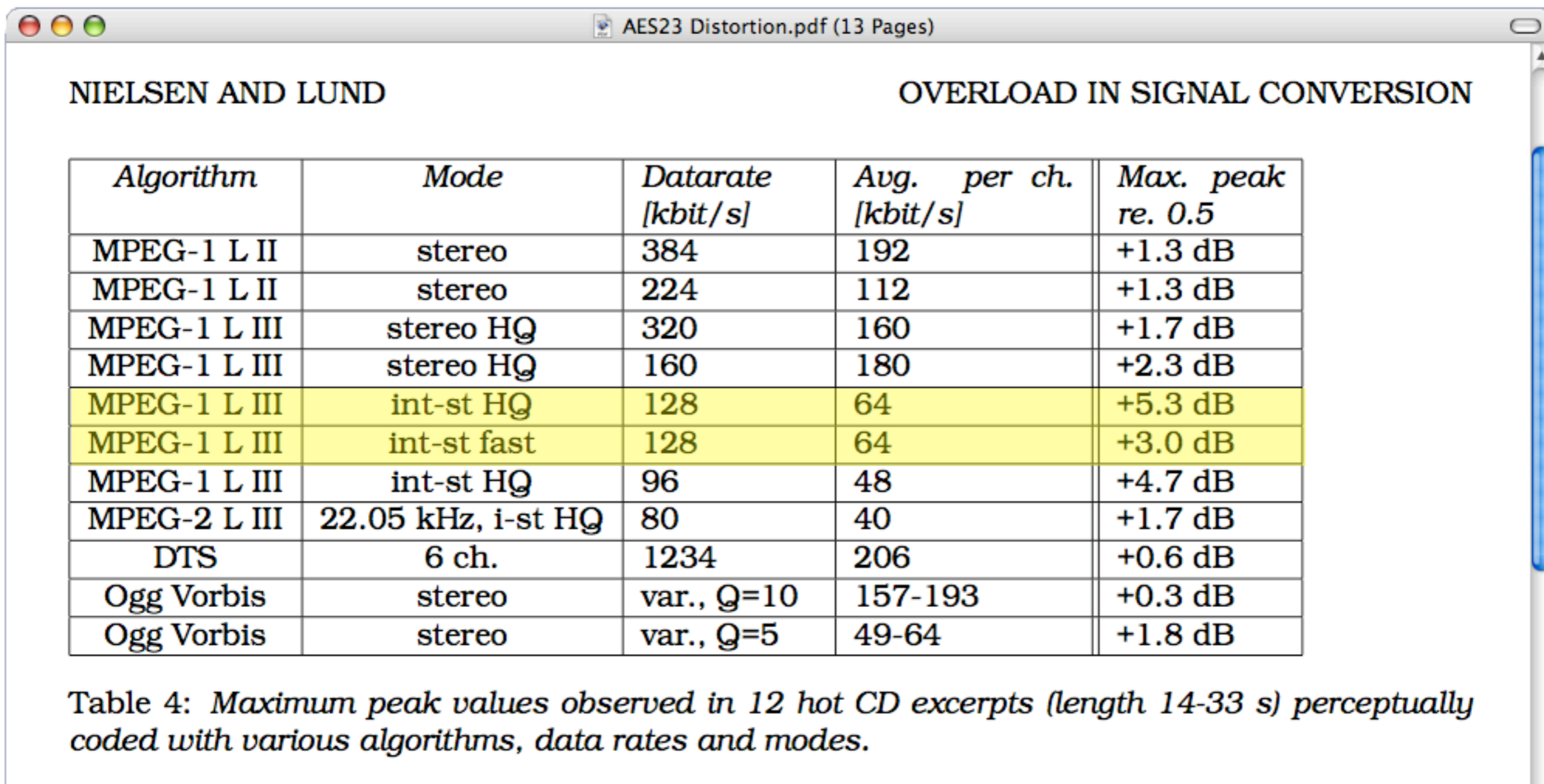
OVERLOAD IN SIGNAL CONVERSION

<i>Algorithm</i>	<i>Mode</i>	<i>Datarate [kbit/s]</i>	<i>Avg. per ch. [kbit/s]</i>	<i>Max. peak re. 0.5</i>
MPEG-1 L II	stereo	384	192	+1.3 dB
MPEG-1 L II	stereo	224	112	+1.3 dB
MPEG-1 L III	stereo HQ	320	160	+1.7 dB
MPEG-1 L III	stereo HQ	160	180	+2.3 dB
MPEG-1 L III	int-st HQ	128	64	+5.3 dB
MPEG-1 L III	int-st fast	128	64	+3.0 dB
MPEG-1 L III	int-st HQ	96	48	+4.7 dB
MPEG-2 L III	22.05 kHz, i-st HQ	80	40	+1.7 dB
DTS	6 ch.	1234	206	+0.6 dB
Ogg Vorbis	stereo	var., Q=10	157-193	+0.3 dB
Ogg Vorbis	stereo	var., Q=5	49-64	+1.8 dB

Table 4: *Maximum peak values observed in 12 hot CD excerpts (length 14-33 s) perceptually coded with various algorithms, data rates and modes.*



# Data Reduction



NIELSEN AND LUND

OVERLOAD IN SIGNAL CONVERSION

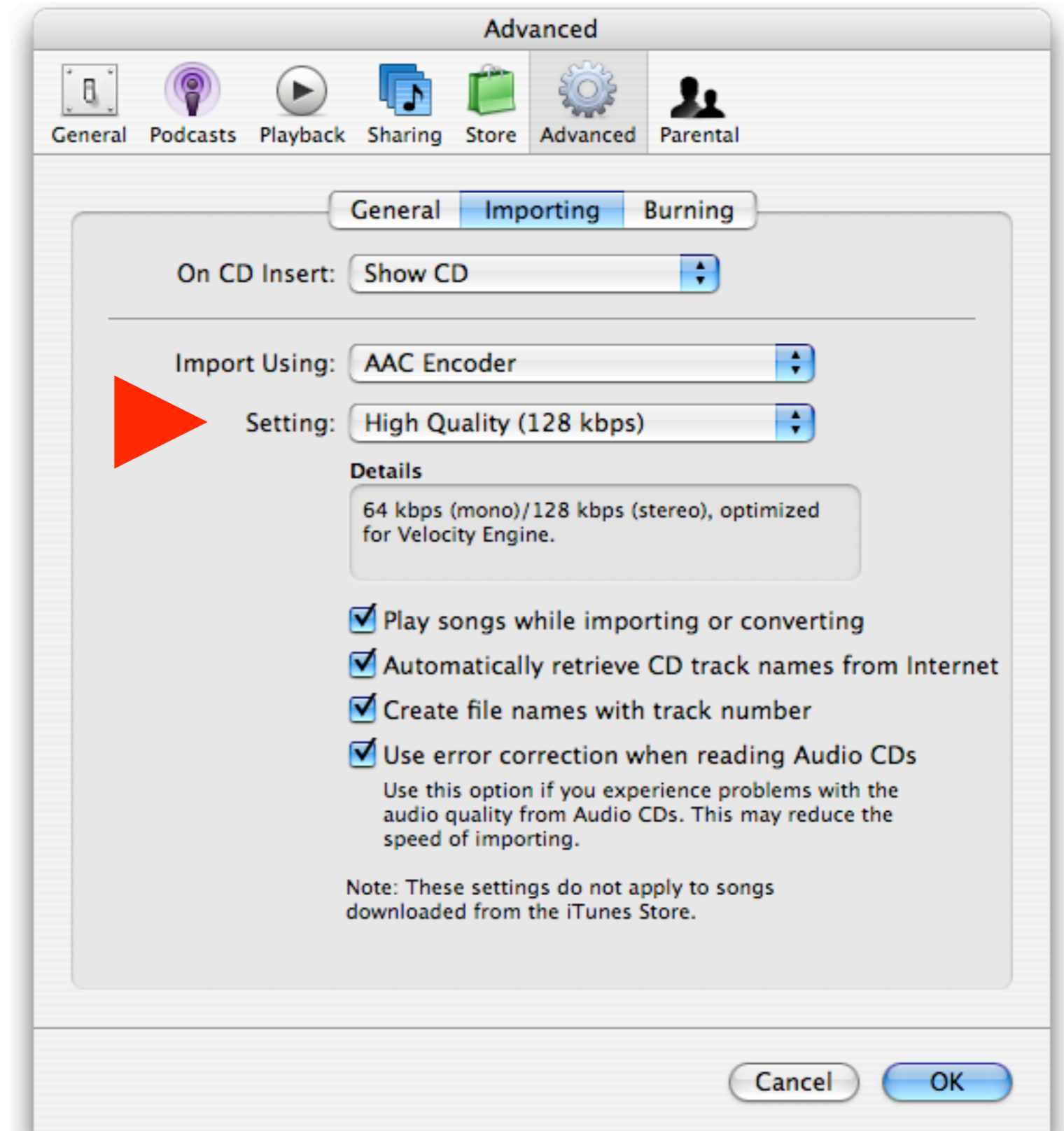
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MPEG-1 L III	int-st fast	128	64	+3.0 dB
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Ogg Vorbis	stereo	var., Q=5	49-64	+1.8 dB

Table 4: Maximum peak values observed in 12 hot CD excerpts (length 14-33 s) perceptually coded with various algorithms, data rates and modes.

# iTunes import

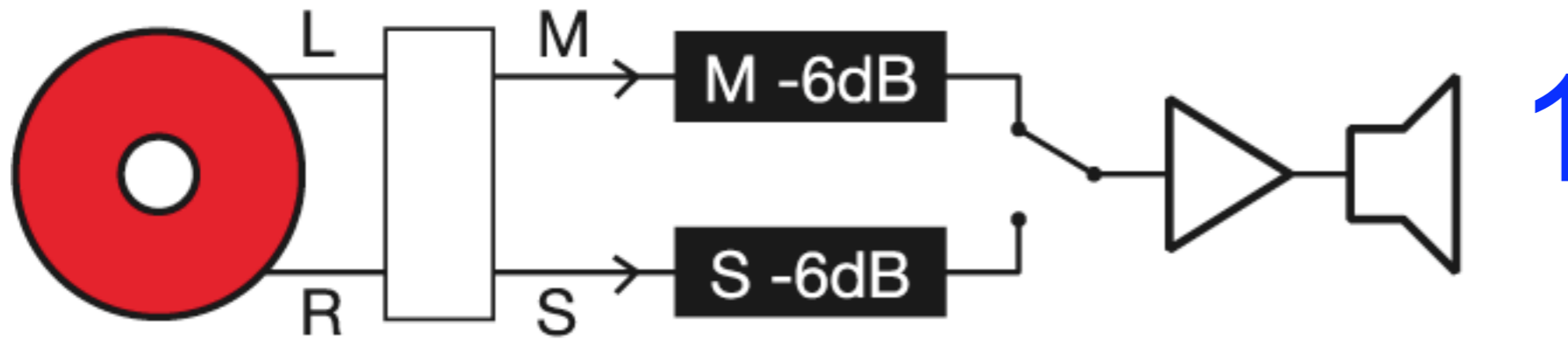
Encoder default is AAC at 128 kbps, joint stereo.

“High Quality”?



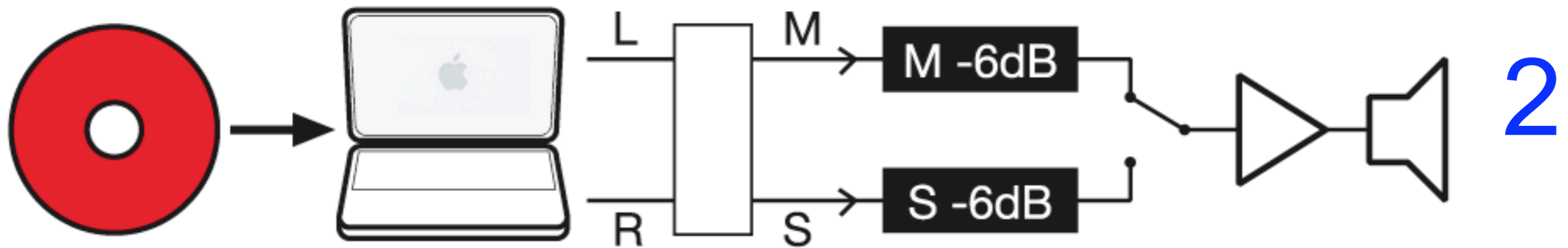
# iTunes Codec Listening

Stop Counting Samples



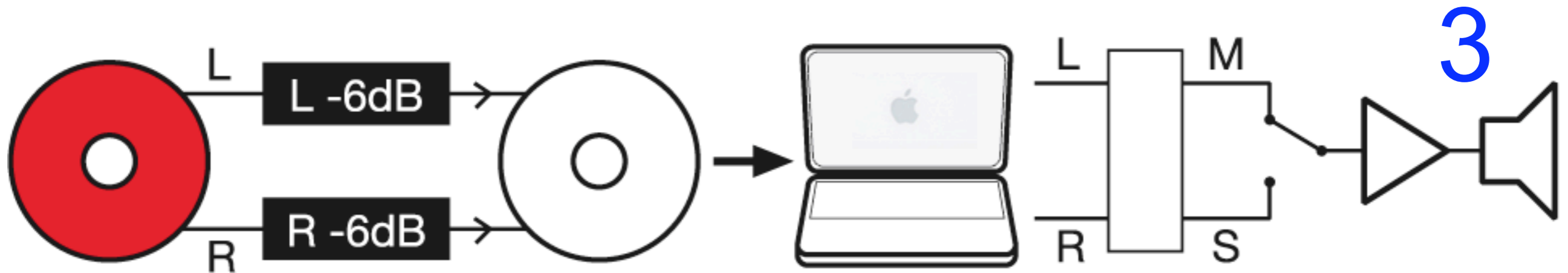
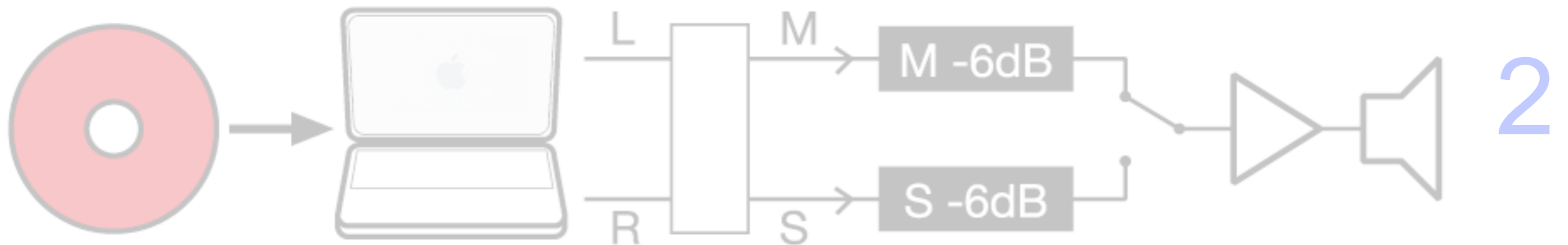
# iTunes Codec Listening

Stop Counting Samples



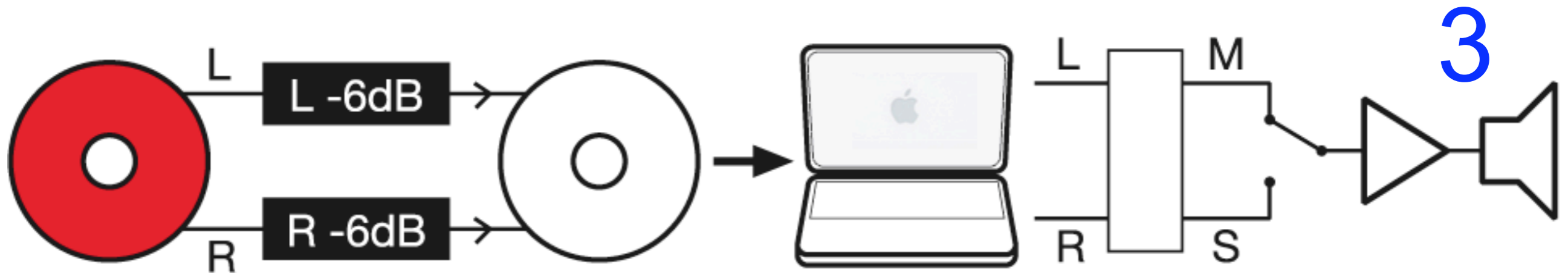
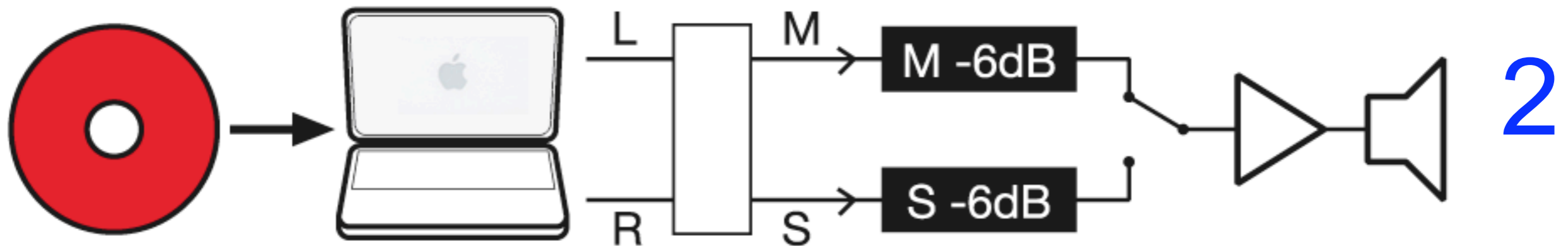
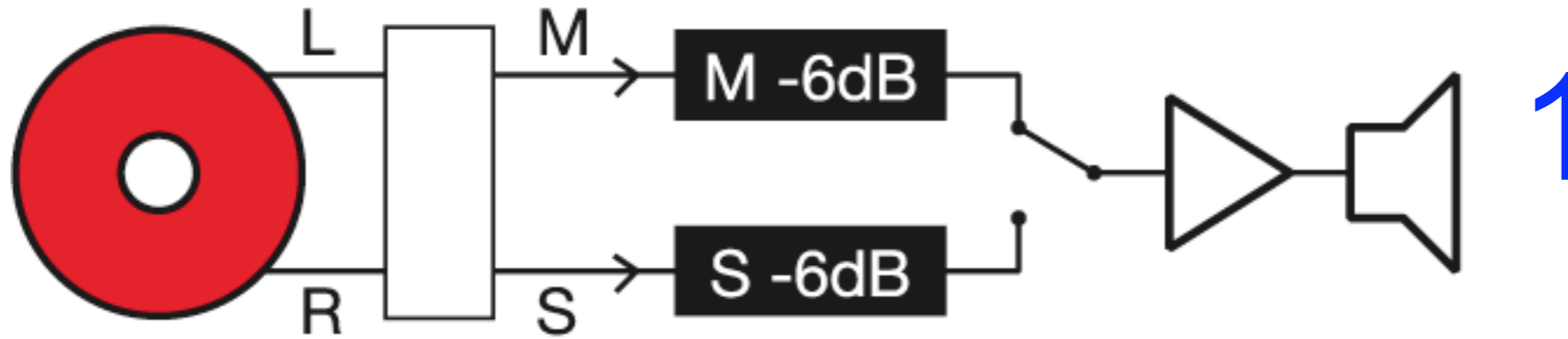
# iTunes Codec Listening

Stop Counting Samples



# iTunes Codec Listening

Stop Counting Samples



# Data Reduction

AES 121

Stop Counting Samples

Is it really  
necessary?

Bandwidth is going up. Why risk future compatibility and audio quality?

Data reducing or SR converting pop music without attenuation leads to distortion in radio station archives

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Conclusion



# Peak Level

AES 121

Stop Counting Samples

## Safety Limit Guidelines

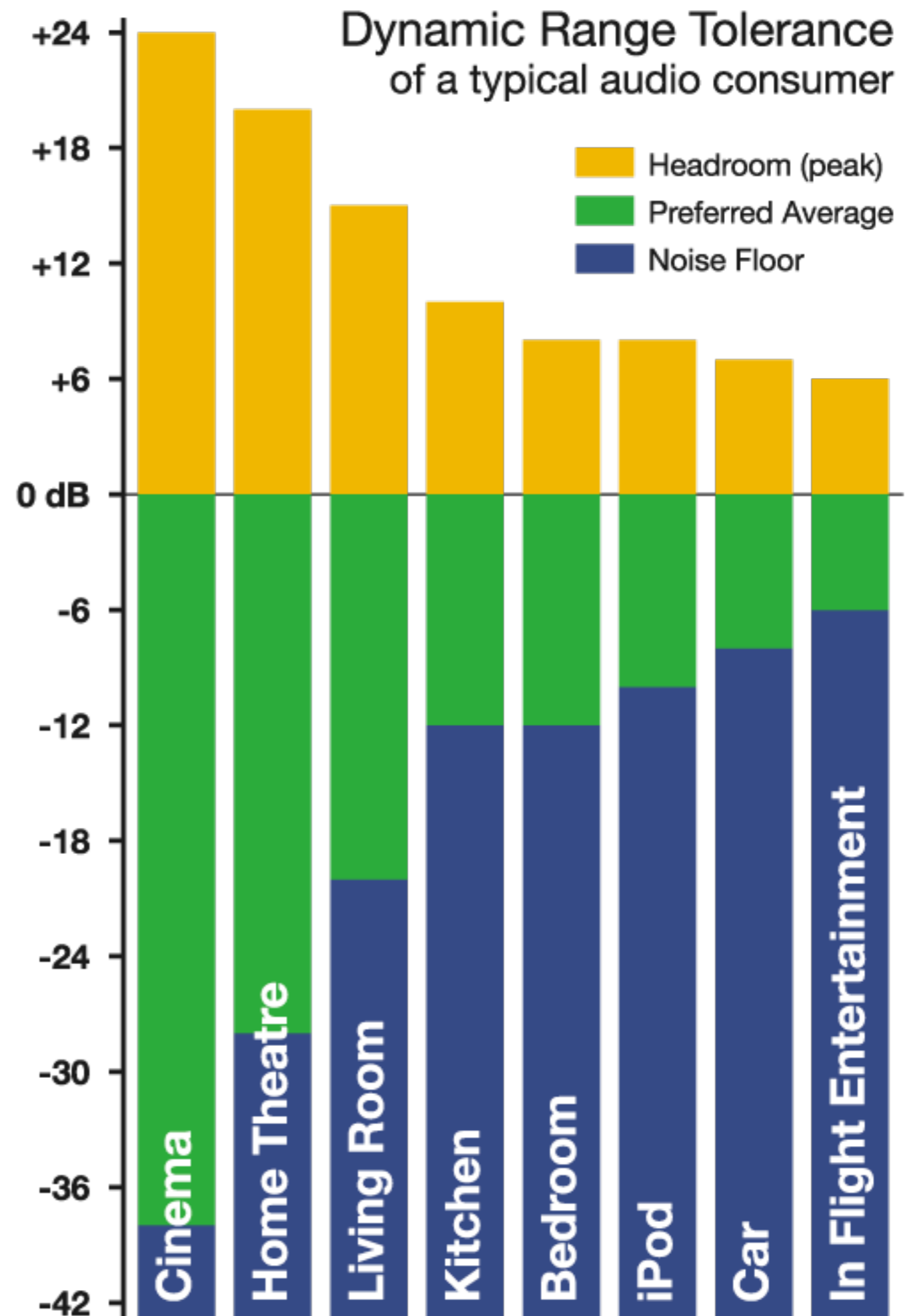
PPM based restriction at -9 dBFS

Sample based restriction at -3 dBFS

Signal based restriction close to FS

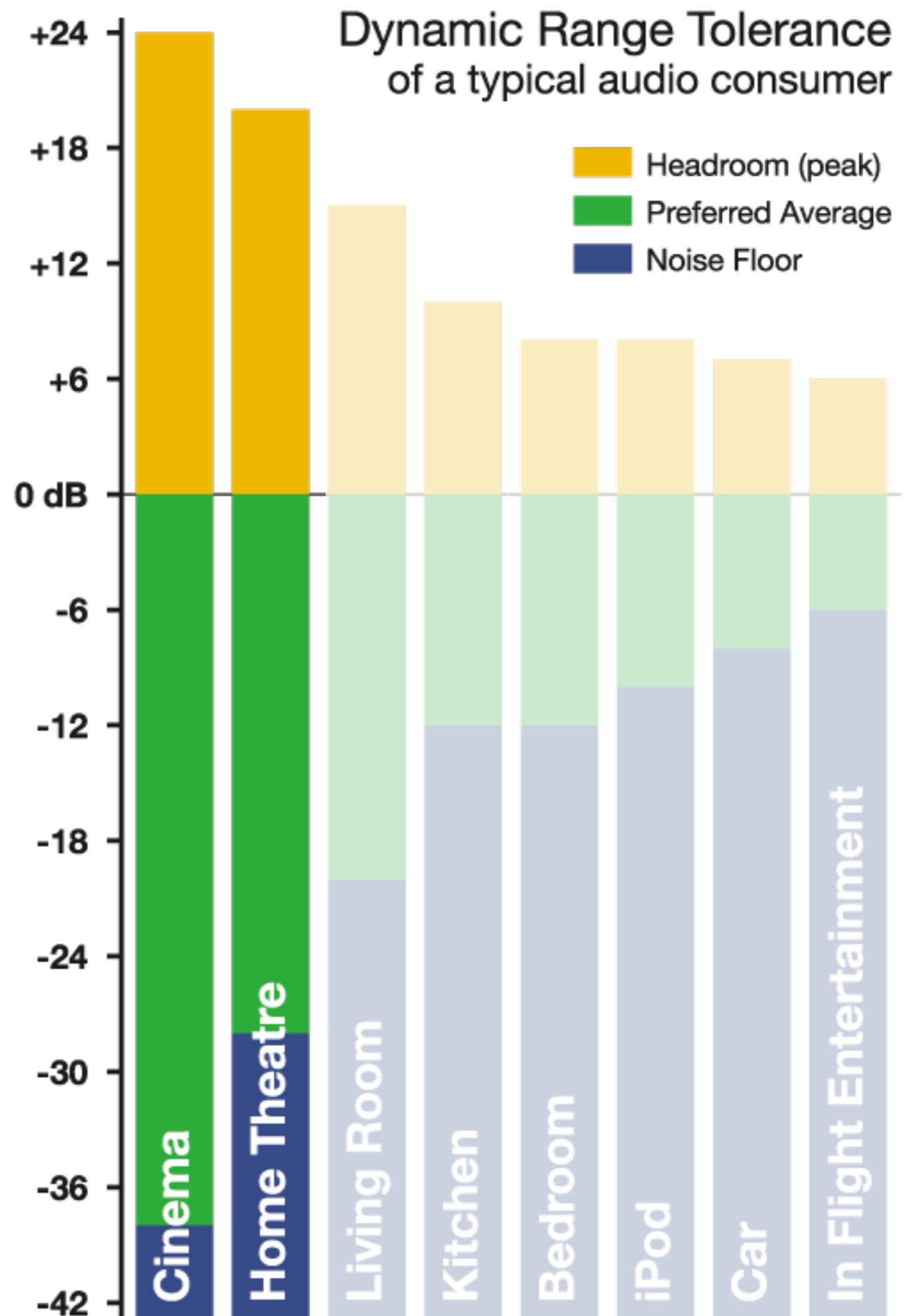
# D R T

The ideal dynamic range of program depends on the listener's situation.



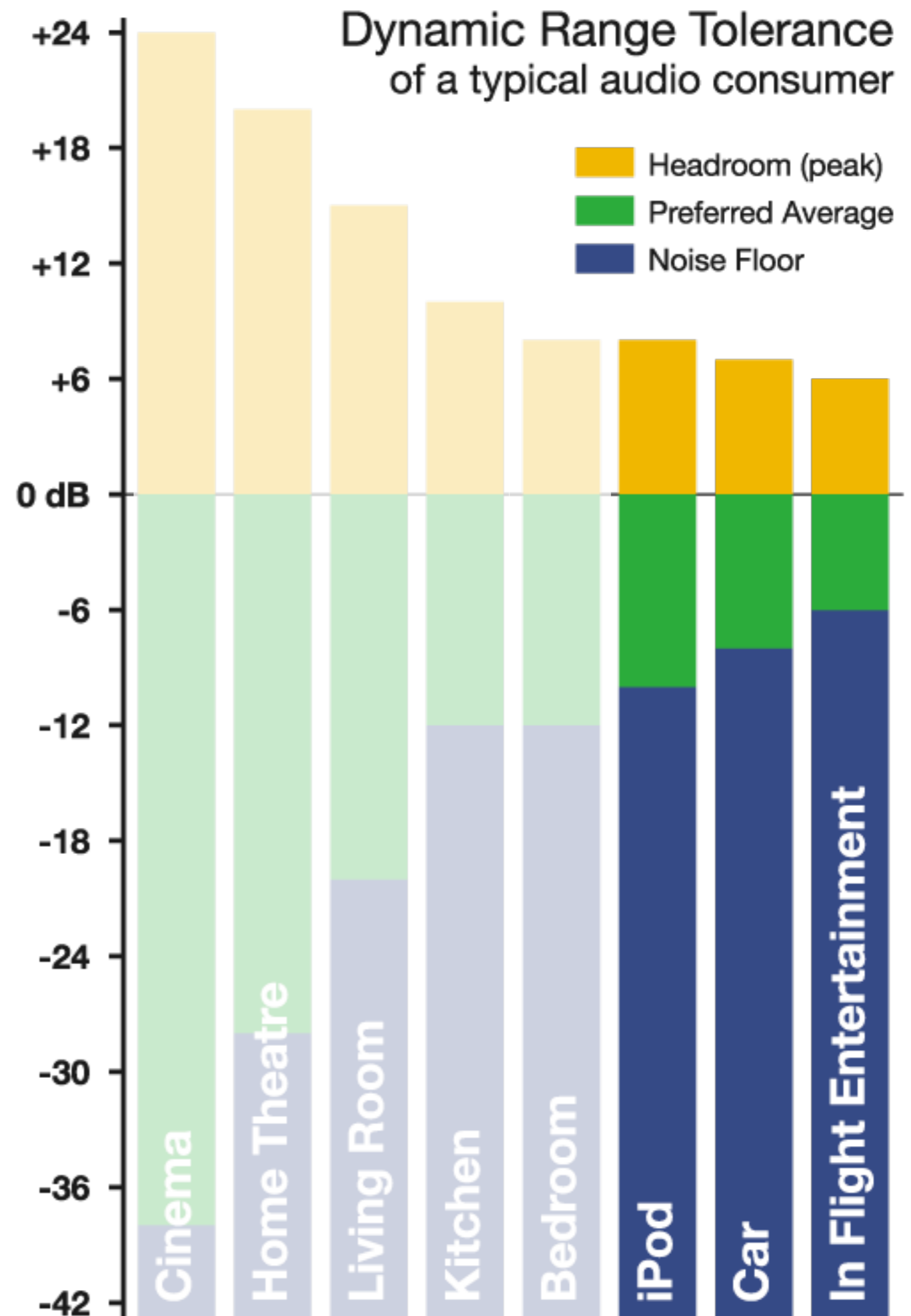
# D R T

A wide dynamic range is desirable in Cinema, on DVD, and for digital Classical Music broadcast.



# D R T

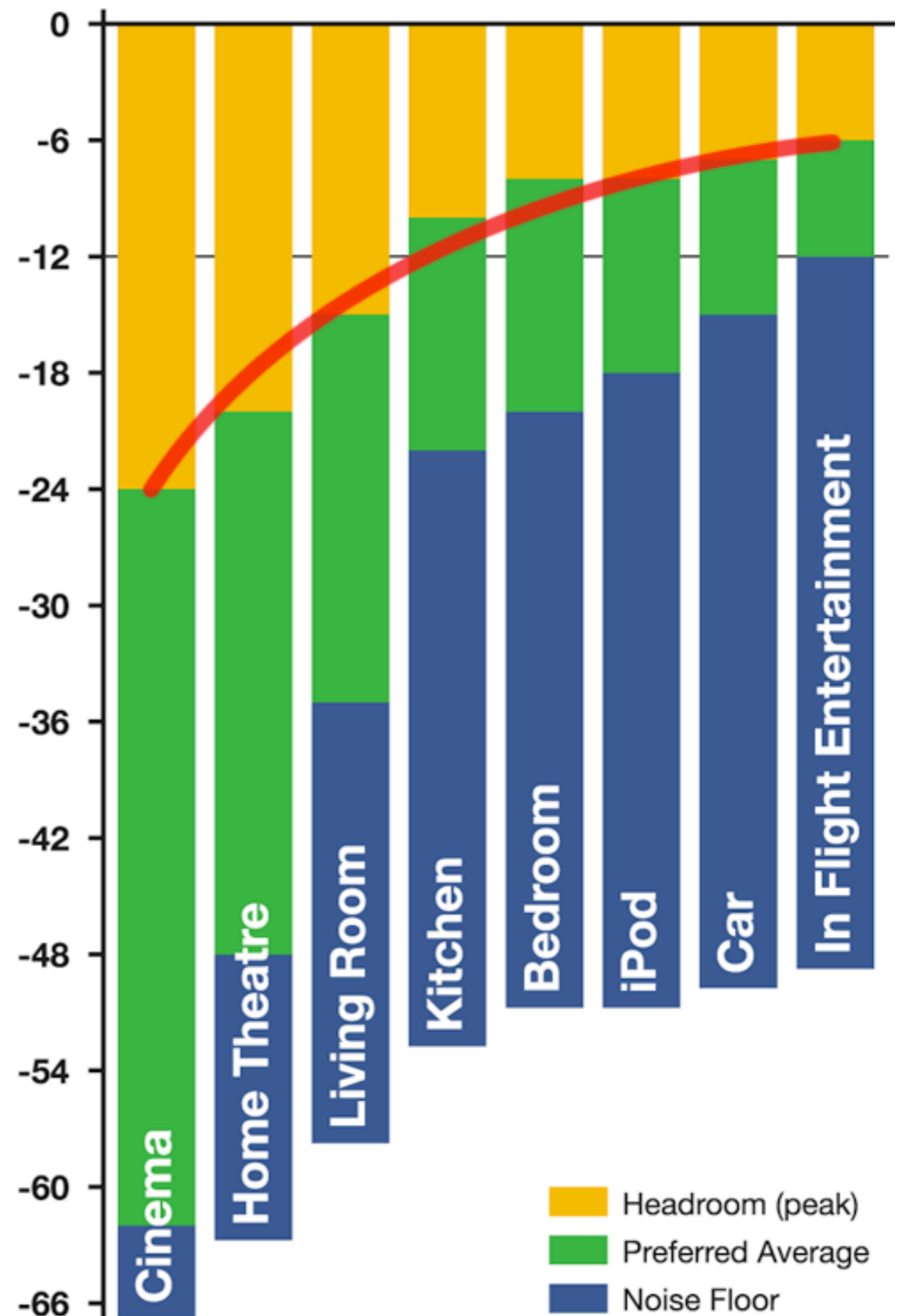
A narrow dynamic range is desirable where background noise is high.



# Peak Level Normalization

Low dynamic range material end up loud when level control is based only on a peak level measure.

That's what happened to CD.



# Loudness

Unlike Level, Loudness is **subjective**. Listeners weigh a number of factors differently:

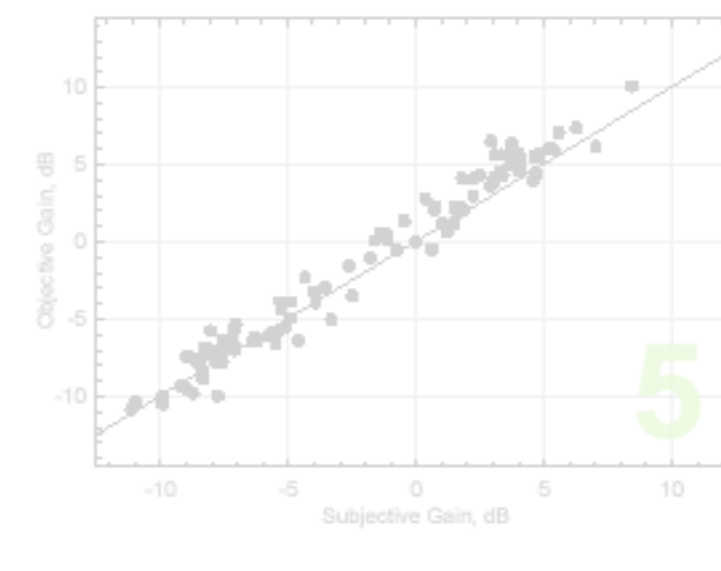
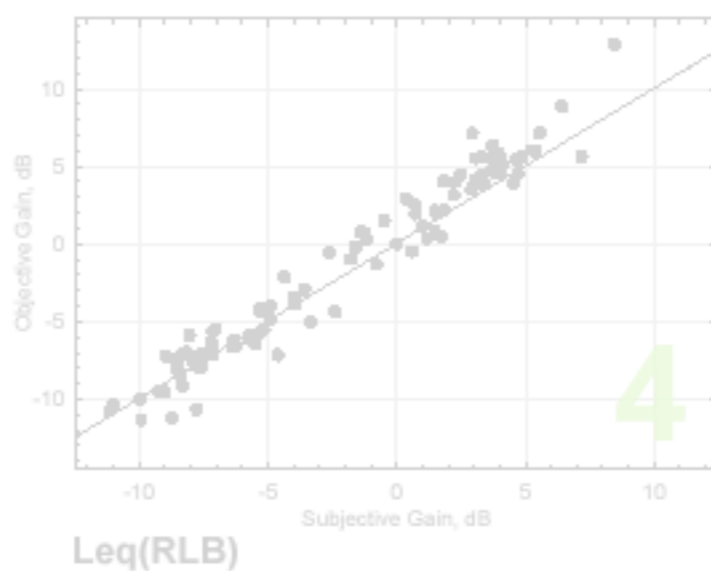
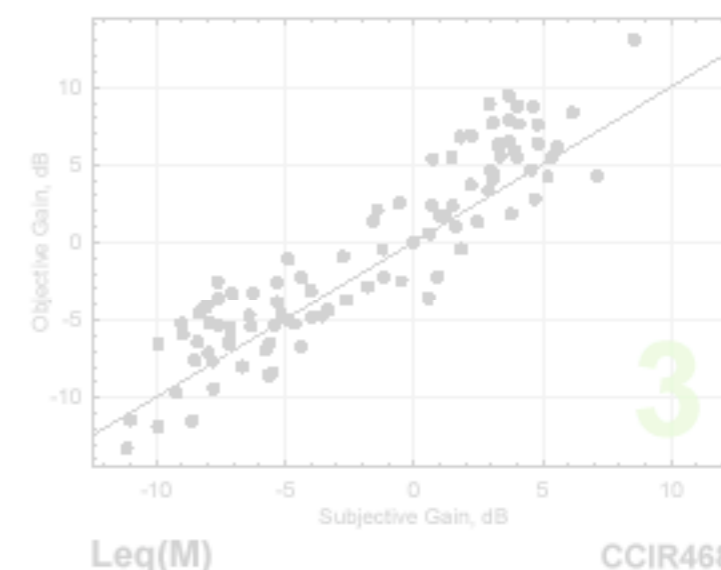
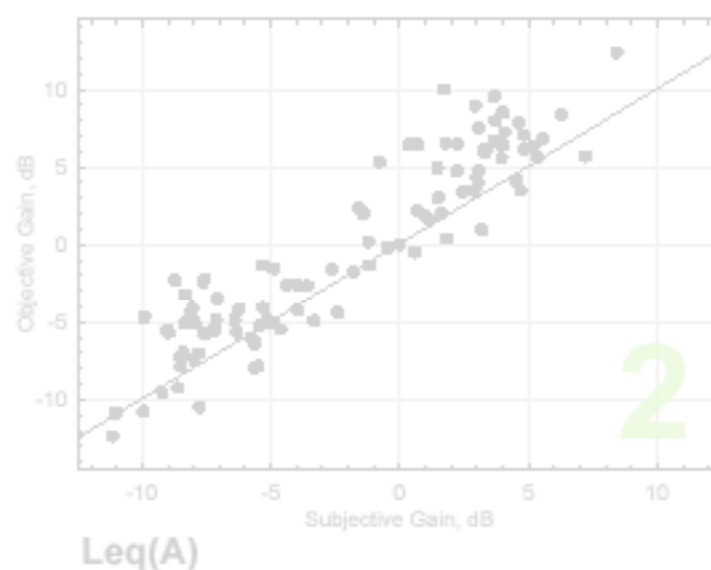
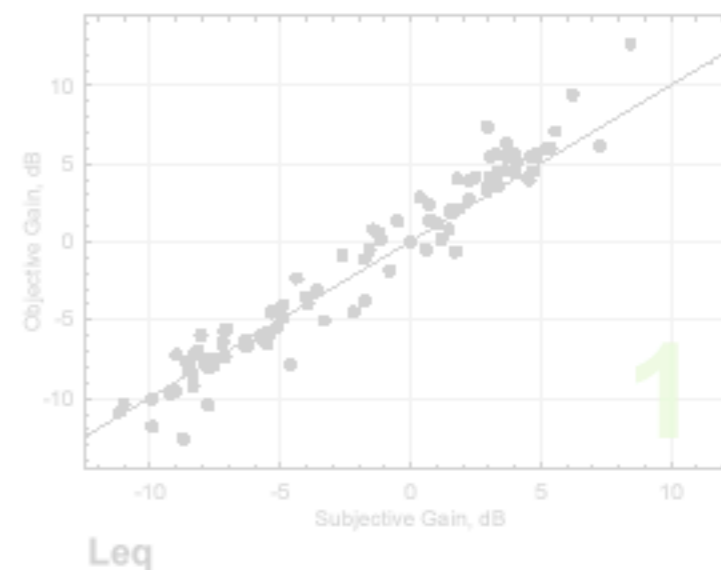
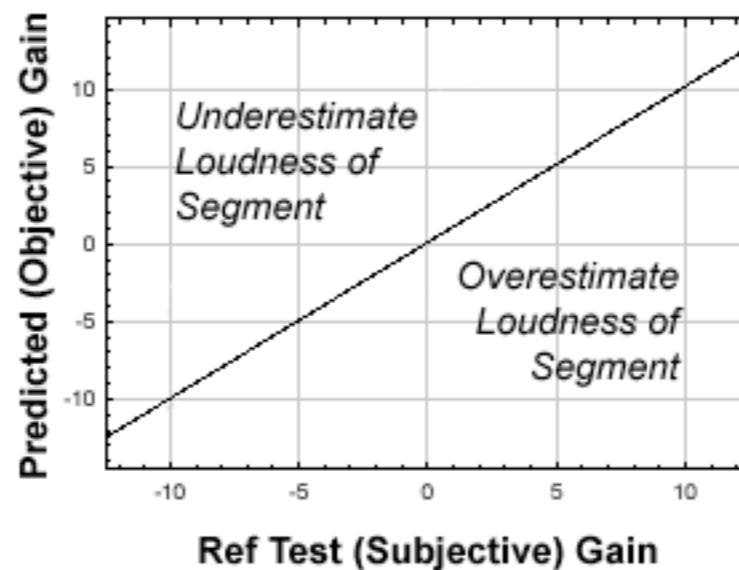
- Sound Pressure Level
- Frequency Contents
- Duration

Variability between listeners: BLV (Age, Culture, Gender etc.)

Variability within the same listener: WLV (Mood, Focus etc.)

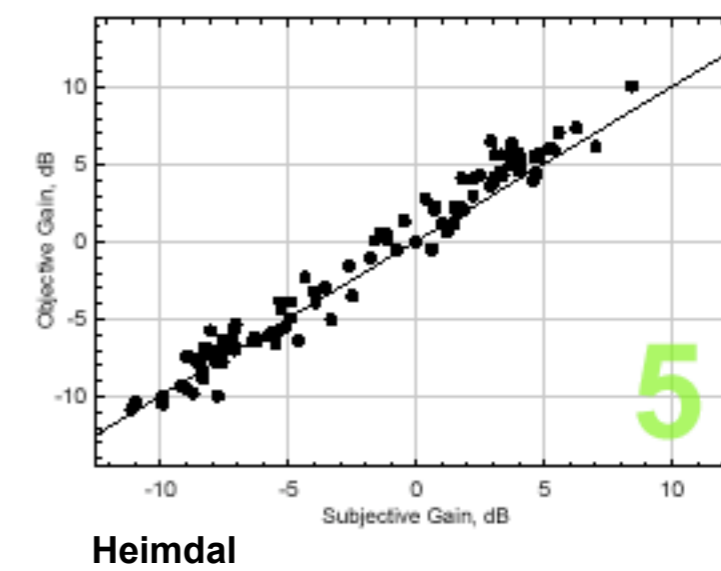
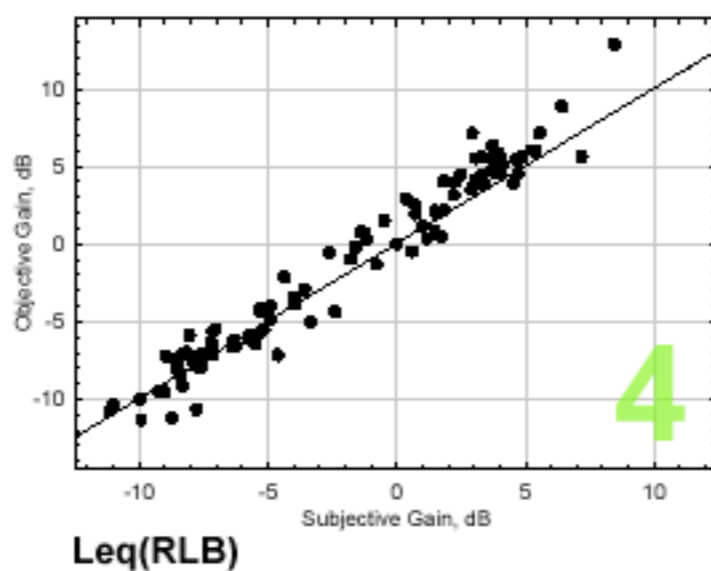
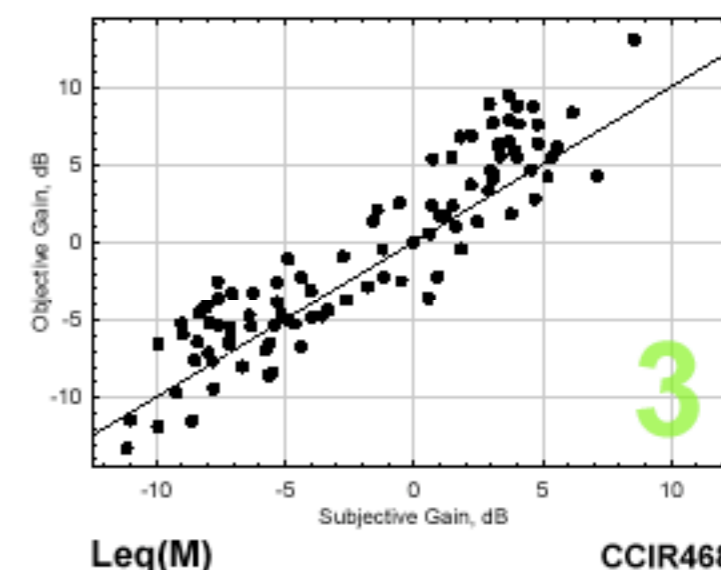
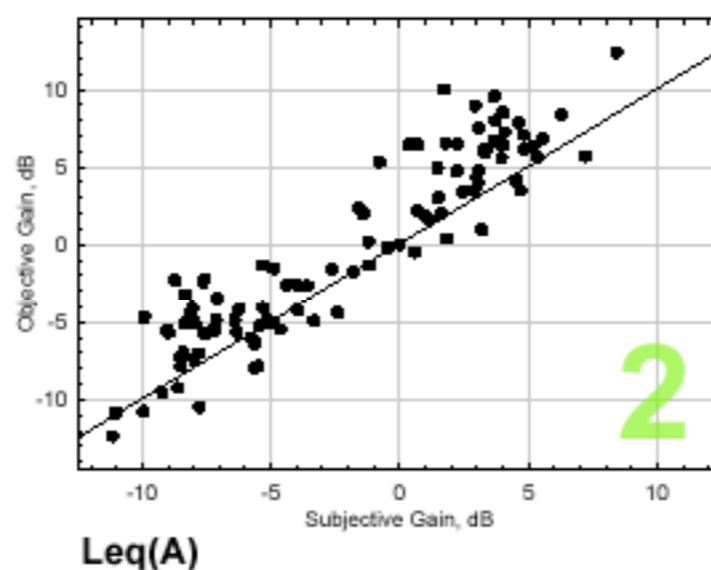
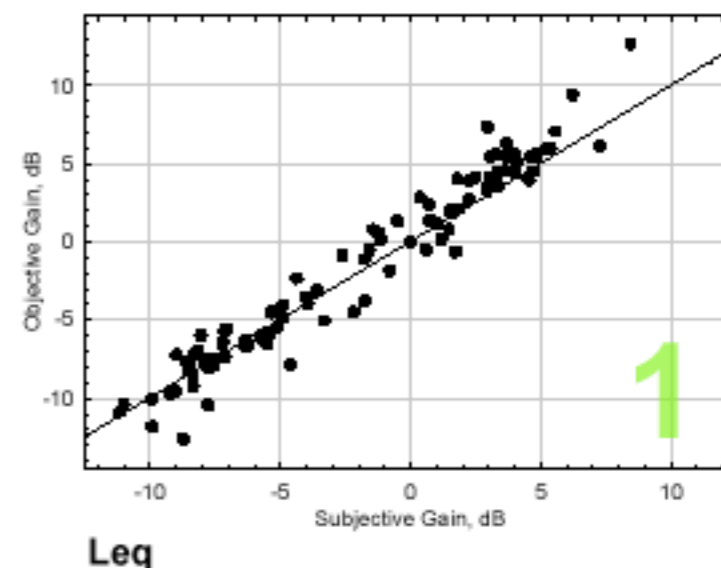
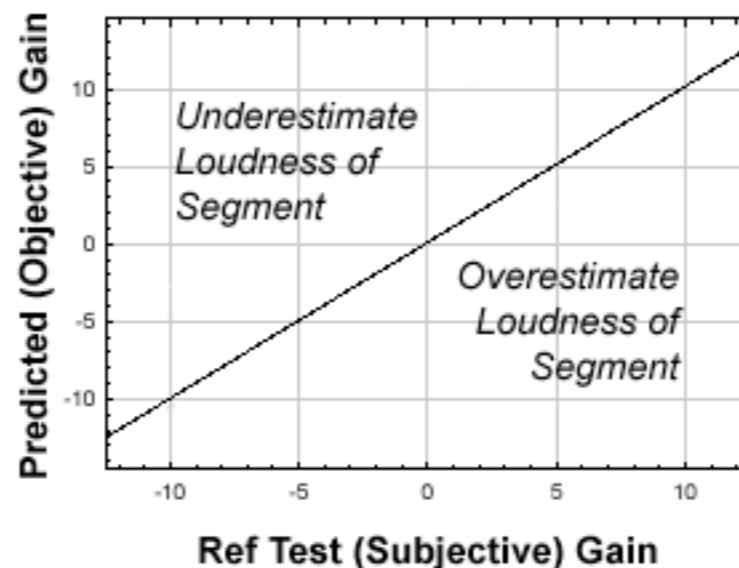
A Loudness measure must be based on **statistics**.

# Comparison Scatter Plots



# Comparison Scatter Plots

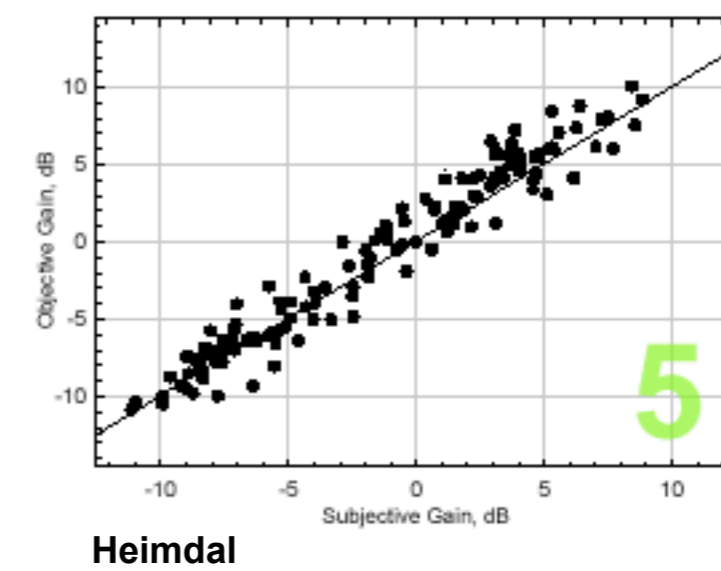
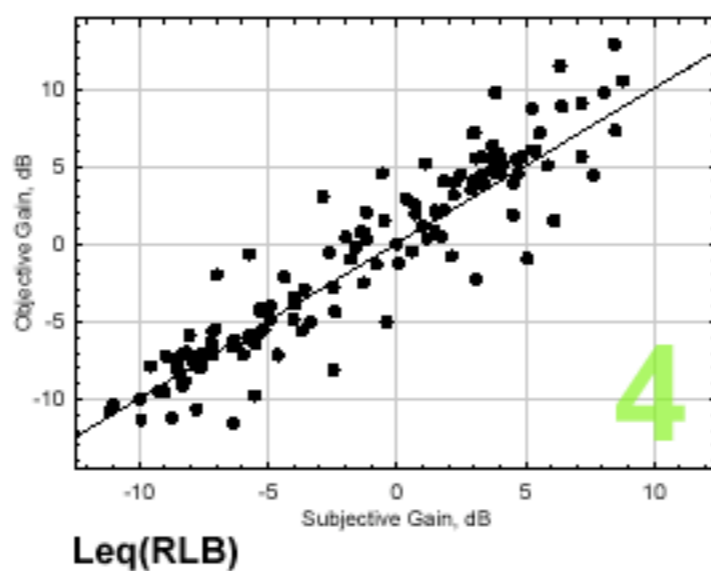
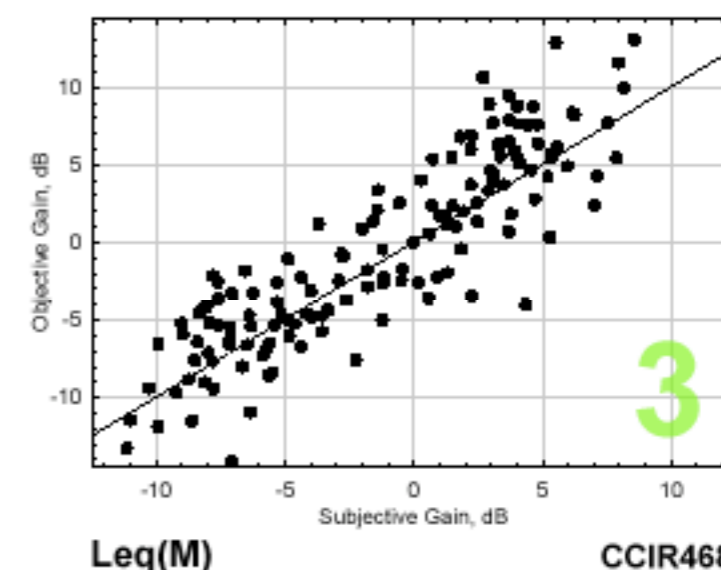
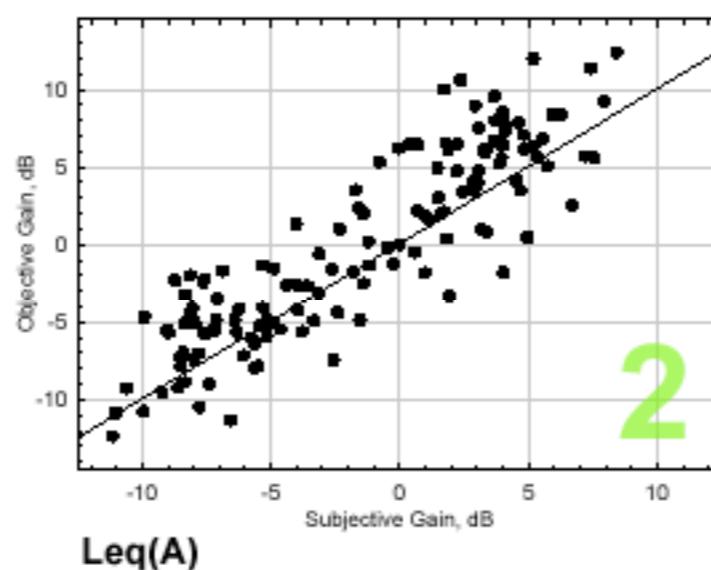
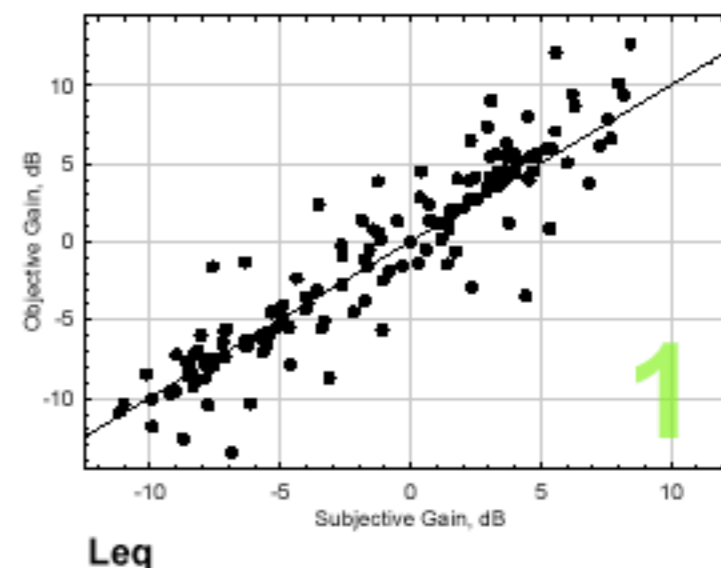
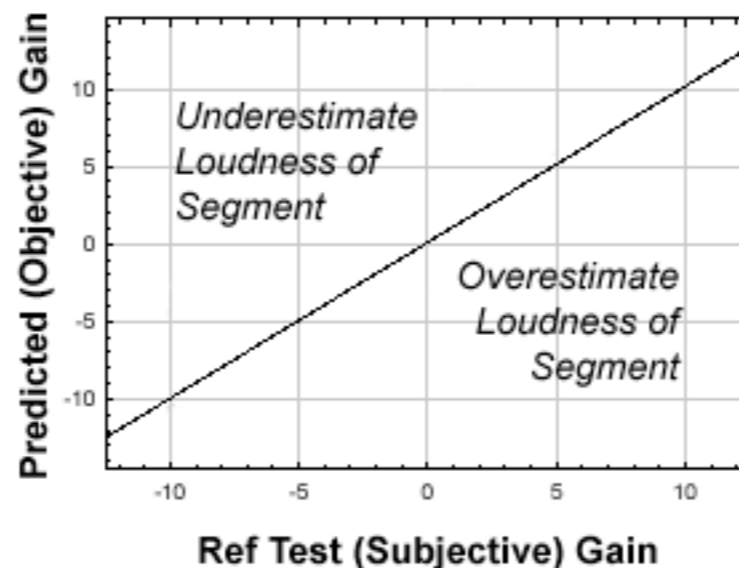
Uniform material, mainly compressed speech, as ITU test





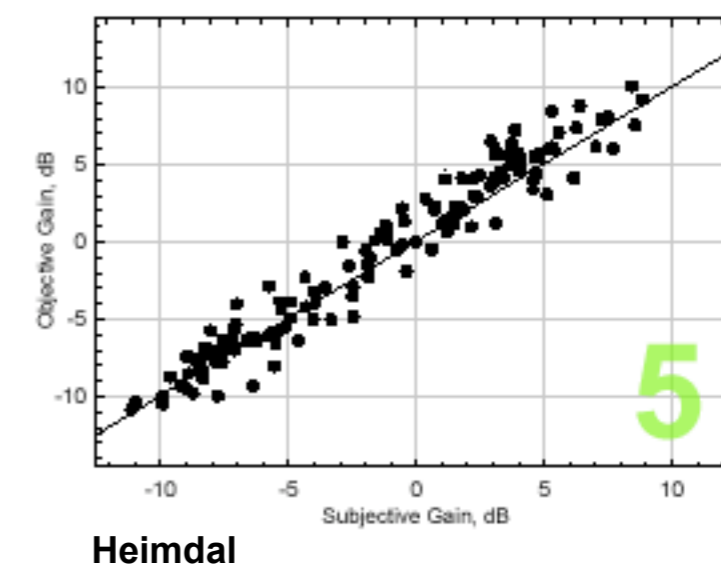
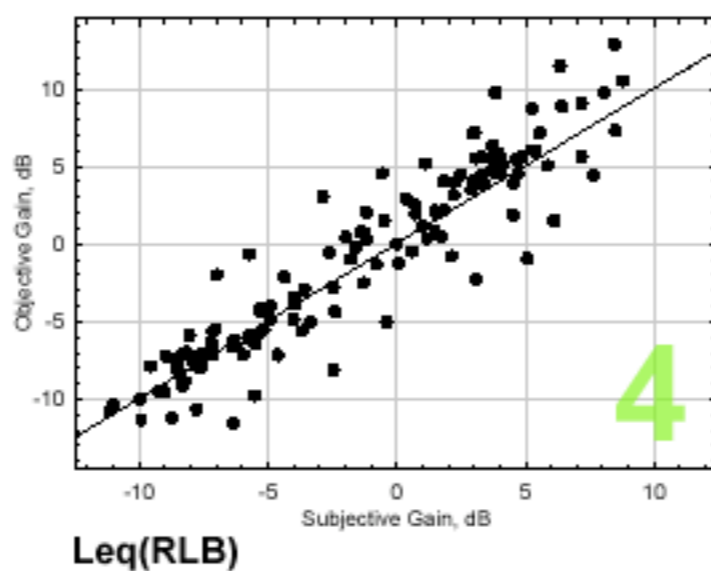
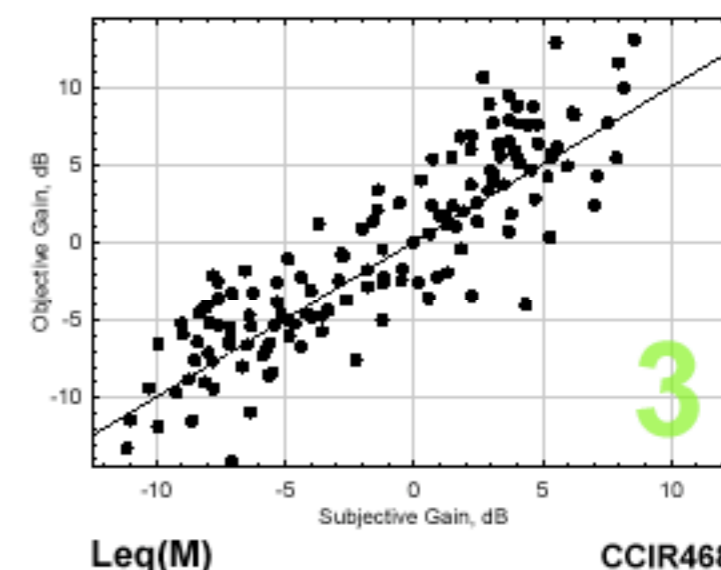
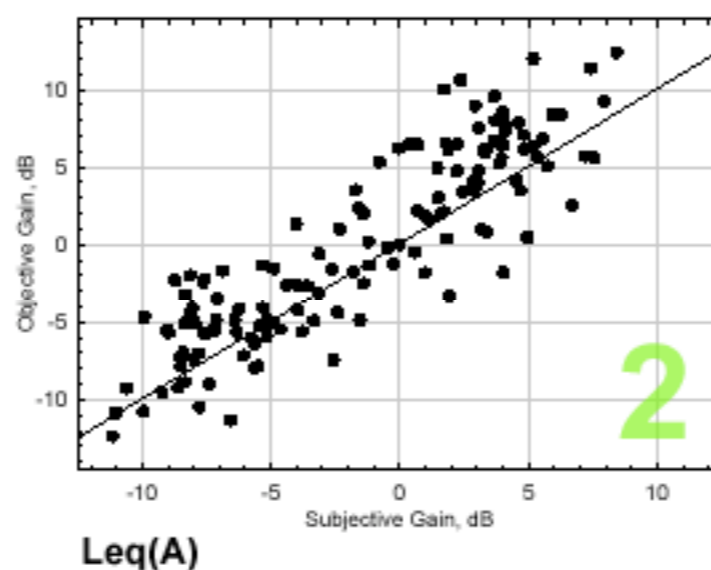
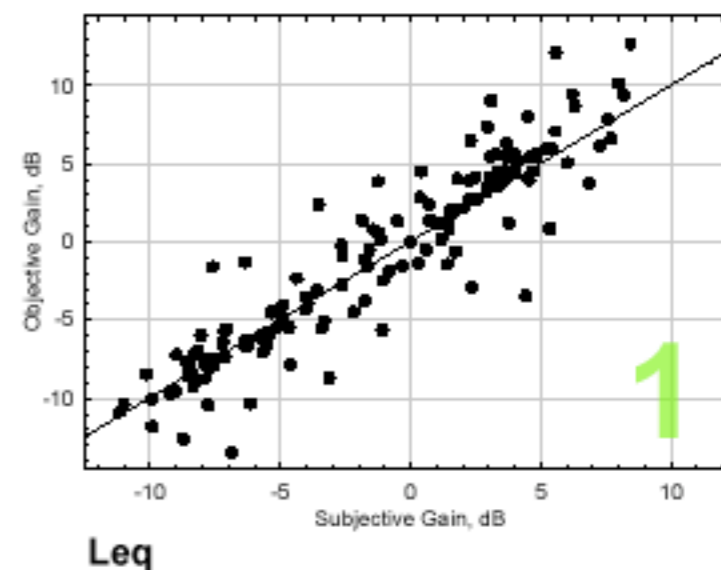
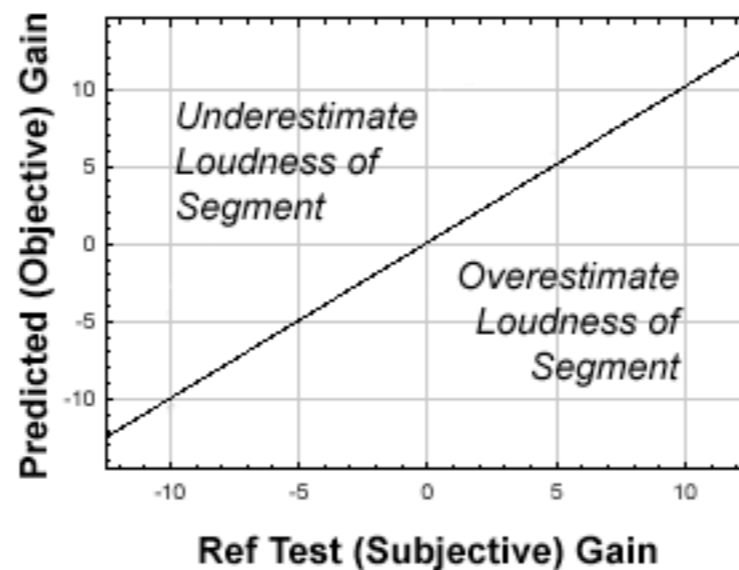
# Comparison Scatter Plots

As before...  
plus more music  
plus less processed  
speech segments



# Comparison Scatter Plots

As before...  
plus more music  
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## Loudness

A *baseline* measure based on an update of  $Leq(RLB)$ ,  $Leq(R2LB)$ , has already been drafted.

Short-term aspects and realtime use to be further investigated.

## Loudness

A *baseline* measure based on an update of Leq(RLB), Leq(R2LB), has already been drafted.

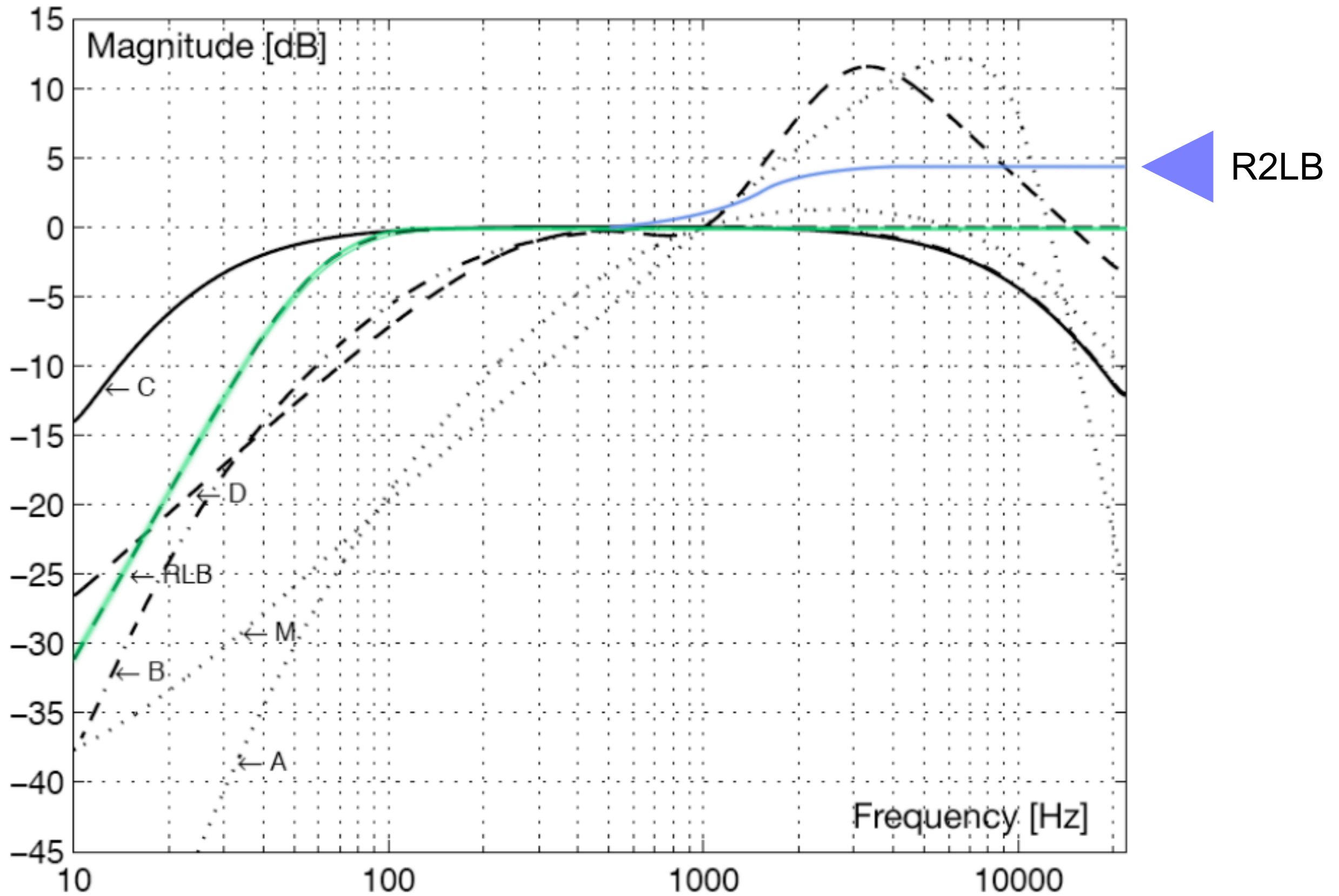
Short-term aspects and realtime use to be further investigated.

## Peak Level

SC-02-01: Digital “true peak” level measure based on over-sampled detection.

# Leq Weighting Curves

Stop Counting Samples



# True Peak Meter

## Quote from SC-02-01 report

maximum under-read (in dB) =  $20 \cdot \log(\cos(\pi \cdot f_{norm}/n))$

This equation was used to construct the following Table, which probably covers the range of interest:

Over-sampling ratio	Under-read (dB) maximum $f_{norm} = 0.45$	Under-read (dB) maximum $f_{norm} = 0.5$
4	0.554	0.688
8	0.136	0.169
10	0.087	0.108
12	0.060	0.075
14	0.044	0.055
16	0.034	0.042
32	0.008	0.010

# Loudness

AES 121

Stop Counting Samples

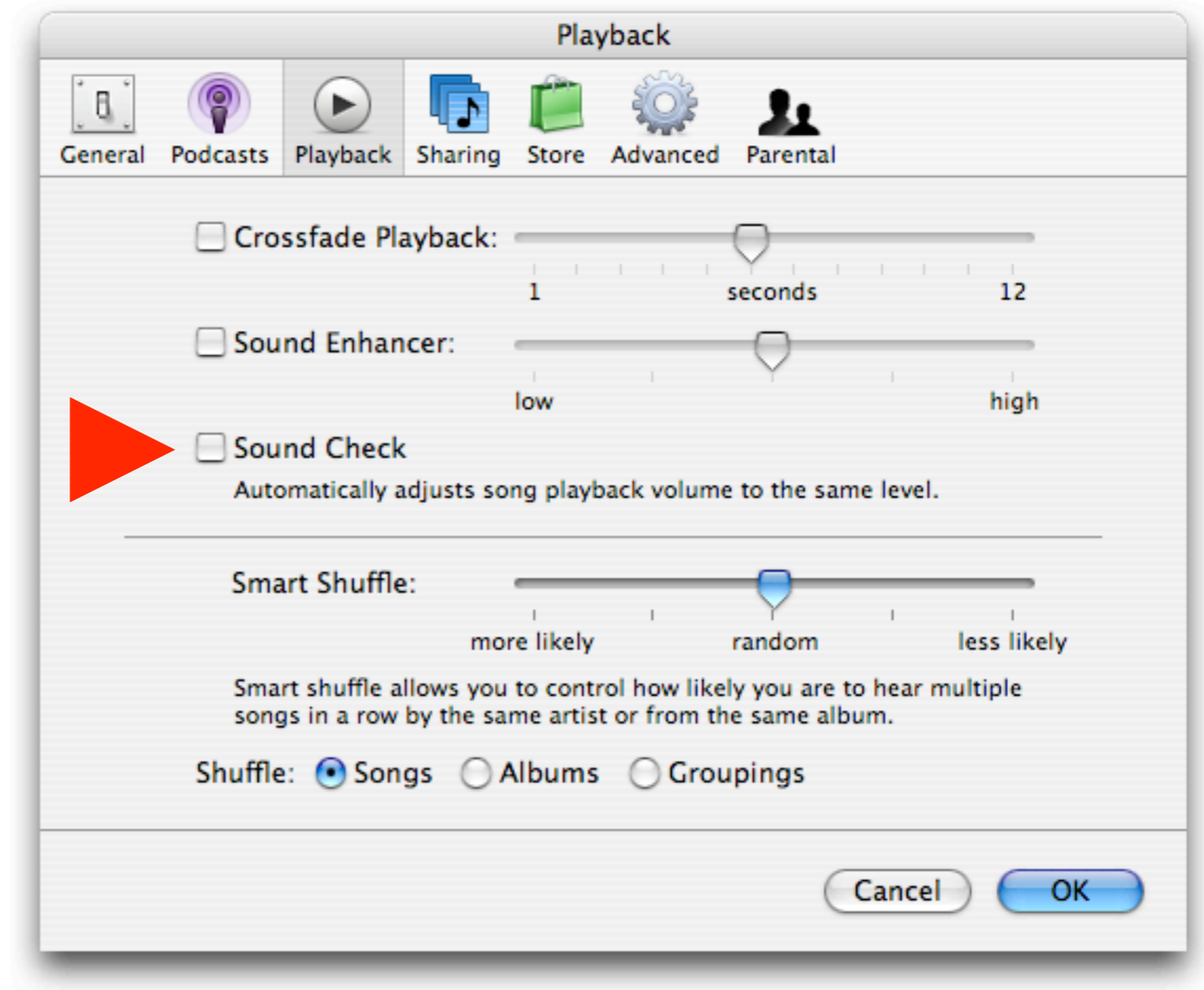
Soon, **Loudness control** at the consumer will take away the level advantage from hyper compressed and clipped audio...

...but its **distortion** will remain forever.

iTunes is just the first step.

# iTunes Playback

Even a crude  
loudness check is  
better than none



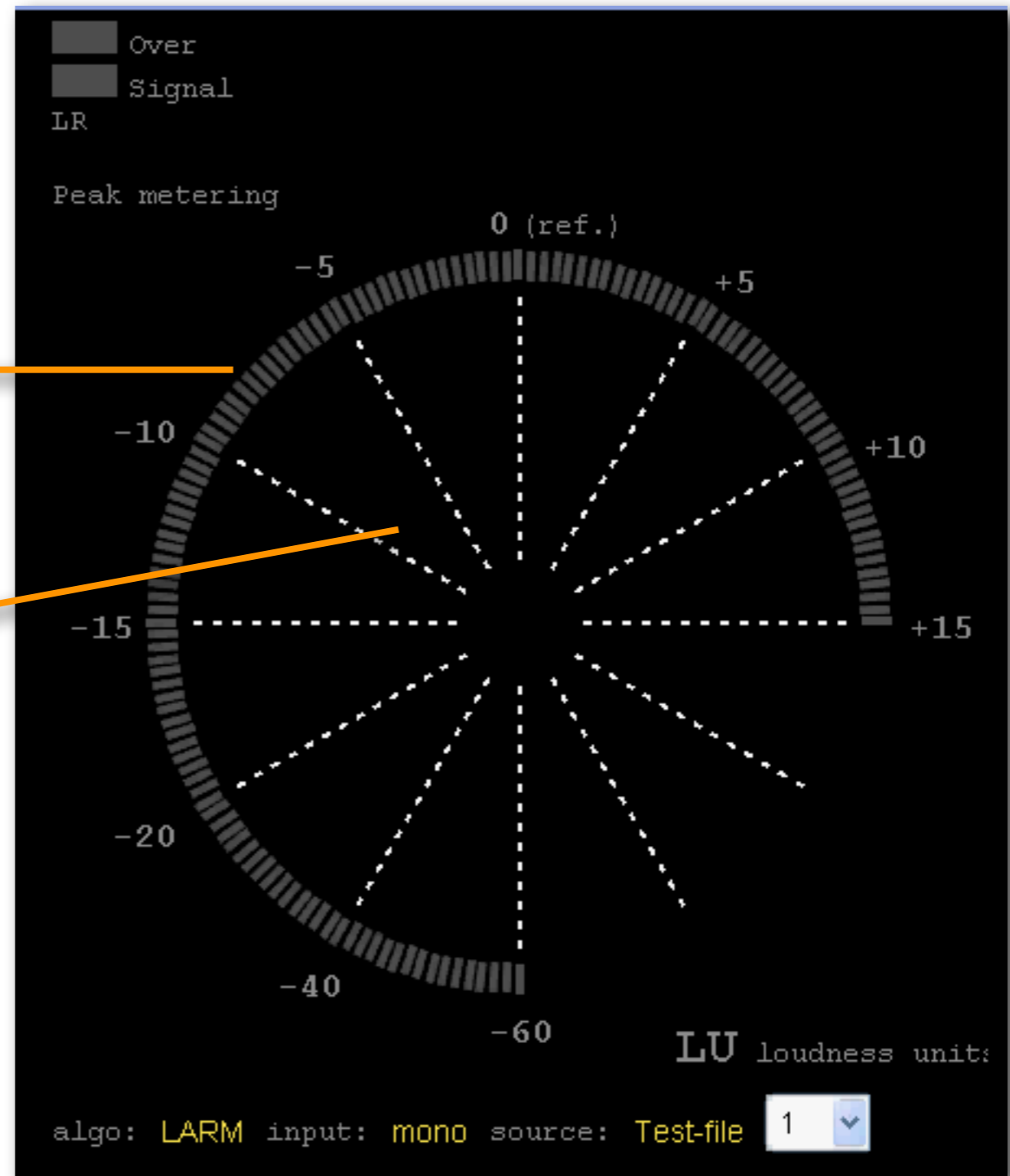


# Loudness Meter Study

Short-term loudness  
in the outer ring.

Loudness history in  
the radar view.

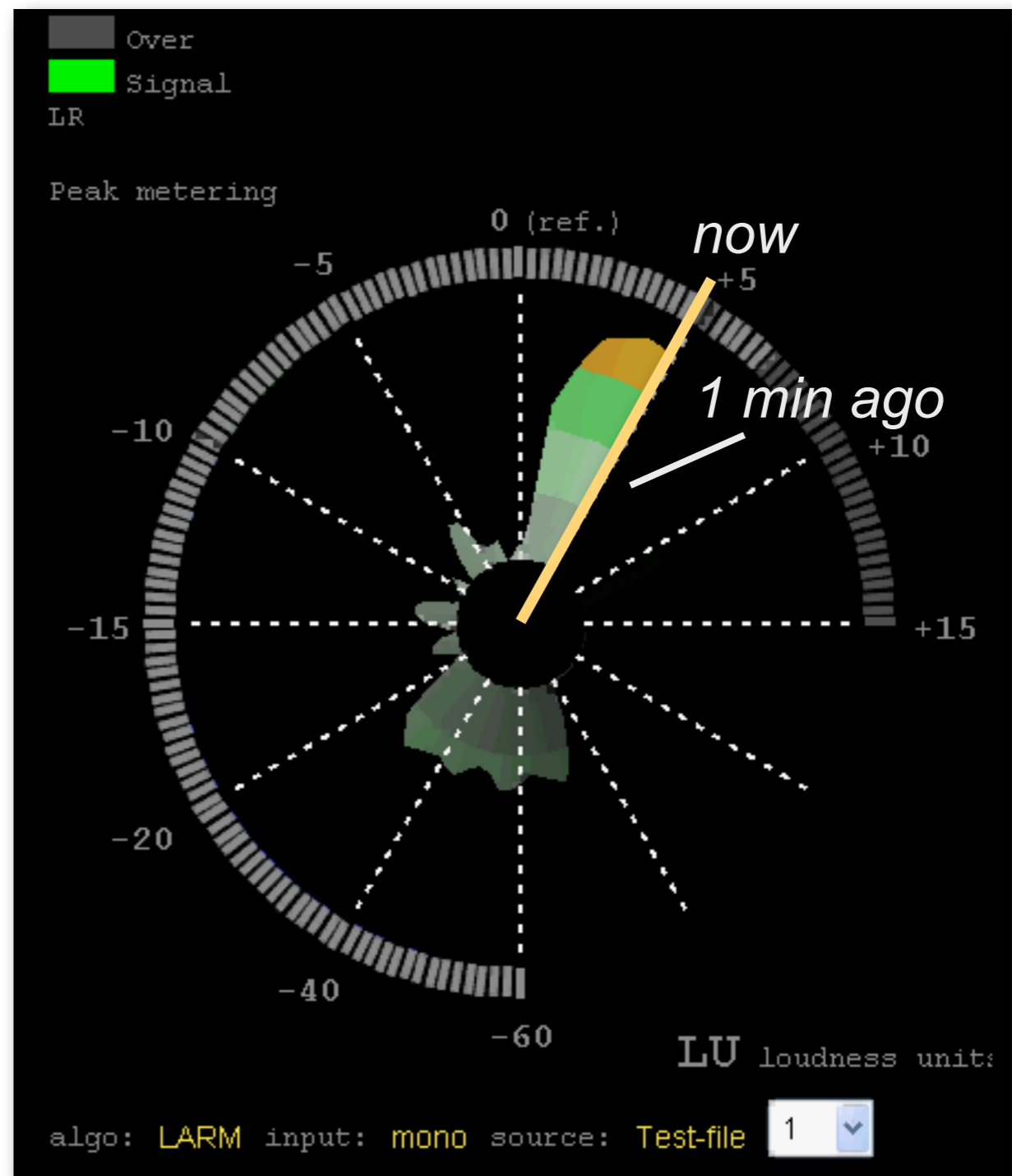
Currently set for one  
revolution per minute.



# Radar View

Loudness history in the radar view.

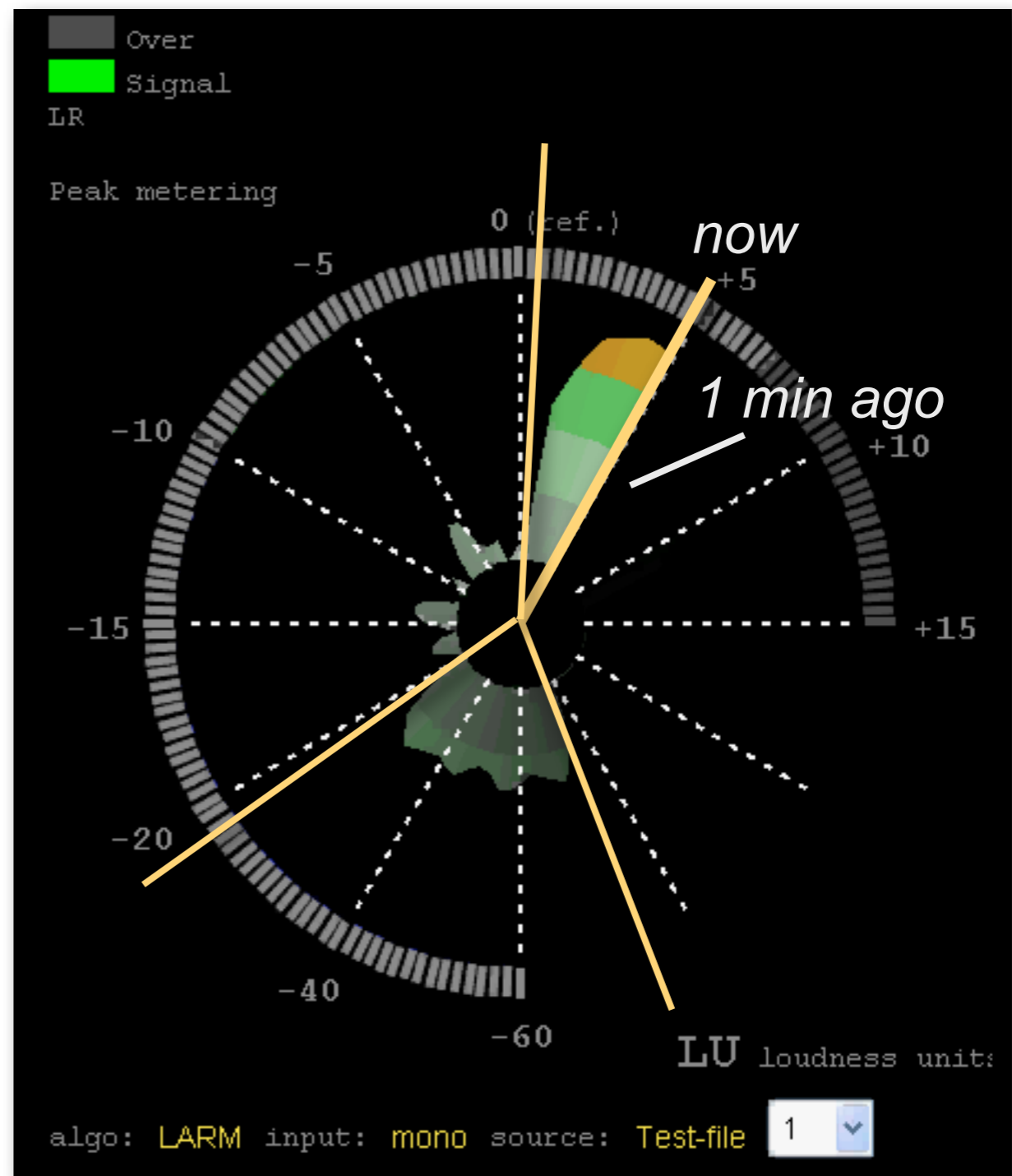
Currently set for one revolution per minute.



# Radar View

Loudness history in the radar view.

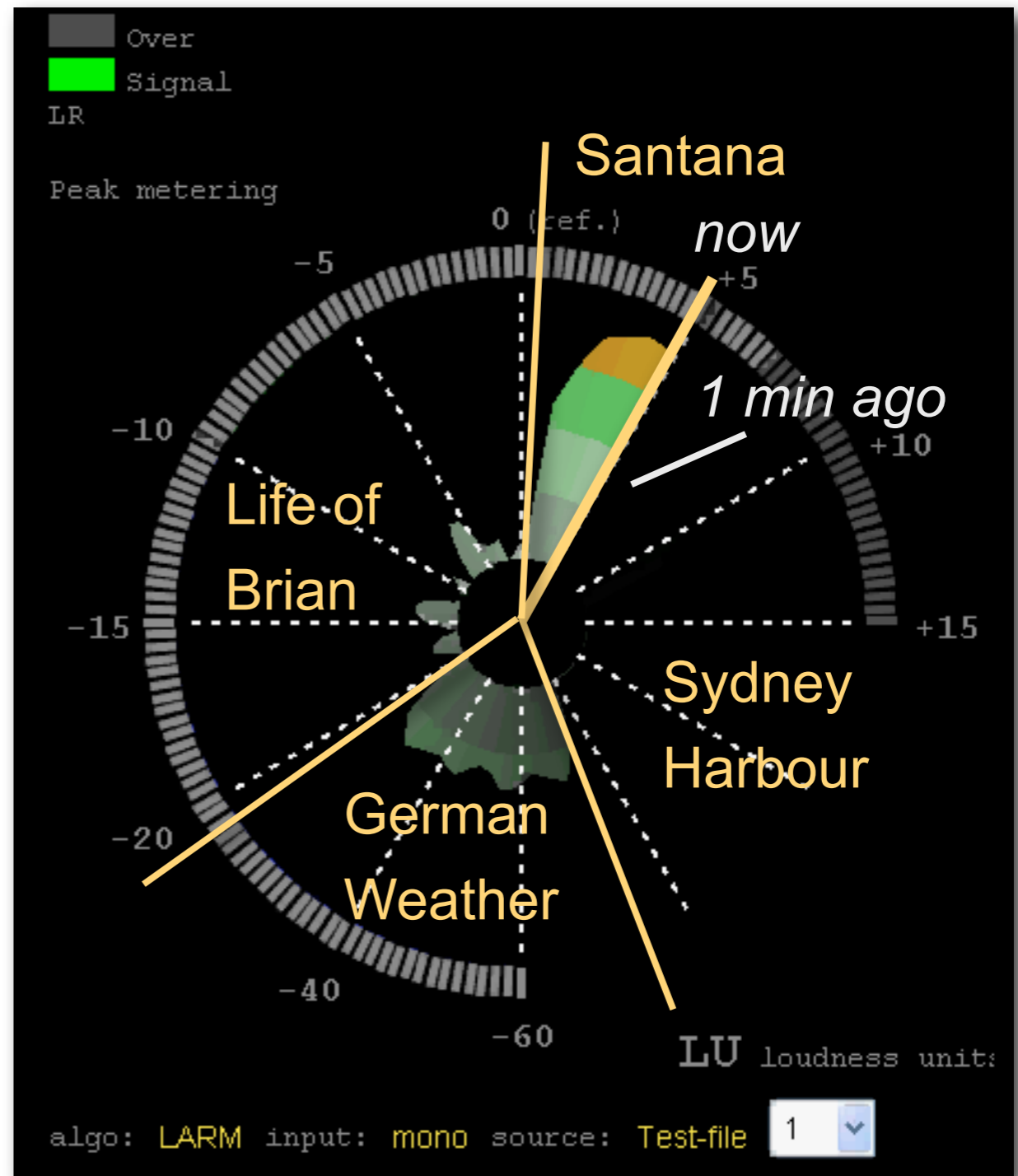
Currently set for one revolution per minute.



# Radar View

Loudness history in the radar view.

Currently set for one revolution per minute.



# Hot will get caught

AES 121  
Stop Counting Samples

## Loudness

The basic Loudness measure will keep improving

# Hot will get caught

AES 121  
Stop Counting Samples

Loudness

The basic Loudness measure will keep improving

Realtime  
Correction



Broadcasters and consumers will be able to over-attenuate excessively loud material, if they wish

# Hot will get caught

AES 121

Stop Counting Samples

Loudness

The basic Loudness measure will keep improving

Realtime  
Correction

Broadcasters and consumers will be able to over-attenuate excessively loud material, if they wish



The Signal/Sample ratio can be used as a quick identifier of hot material, and level the field between analog vs. digital interfacing and file transfers

# Conclusion

AES 121

Stop Counting Samples



**Mix and Normalize to -3 dBFS**



# Conclusion

AES 121

Stop Counting Samples

1. Mix and Normalize to -3 dBFS



**Respect digital rules: Don't clip**

# Conclusion

AES 121

Stop Counting Samples

1. Mix and Normalize to -3 dBFS
2. Respect digital rules: Don't clip



**Use low level dynamics processing**

# Conclusion

AES 121

Stop Counting Samples

1. Mix and Normalize to -3 dBFS
2. Respect digital rules: Don't clip
3. Use low level dynamics processing



**Use upsampled limiting  
(or process in the analog domain)**

# Conclusion

AES 121

Stop Counting Samples

1. Mix and Normalize to -3 dBFS
2. Respect digital rules: Don't clip
3. Use low level dynamics processing
4. Use upsampled limiting  
(or process in the analog domain)



**Use upsampled metering**

*Thanks SC-02-01!*

# Conclusion

AES 121

Stop Counting Samples

1. Mix and Normalize to -3 dBFS
2. Respect digital rules: Don't clip
3. Use low level dynamics processing
4. Use upsampled limiting  
(or process in the analog domain)
5. Use upsampled metering



**Use loudness calibrated speakers**

# Conclusion

AES 121

Stop Counting Samples

1. Mix and Normalize to -3 dBFS
2. Respect digital rules: Don't clip
3. Use low level dynamics processing
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(or process in the analog domain)
5. Use upsampled metering
6. Use loudness calibrated speakers



**Data reduced delivery: Lower level**

# Conclusion

AES 121

Stop Counting Samples

1. Mix and Normalize to -3 dBFS
2. Respect digital rules: Don't clip
3. Use low level dynamics processing
4. Use upsampled limiting  
(or process in the analog domain)
5. Use upsampled metering
6. Use loudness calibrated speakers
7. Data reduced delivery: Lower level



**A Loudness advantage will Vanish,  
The Distortion will Remain**

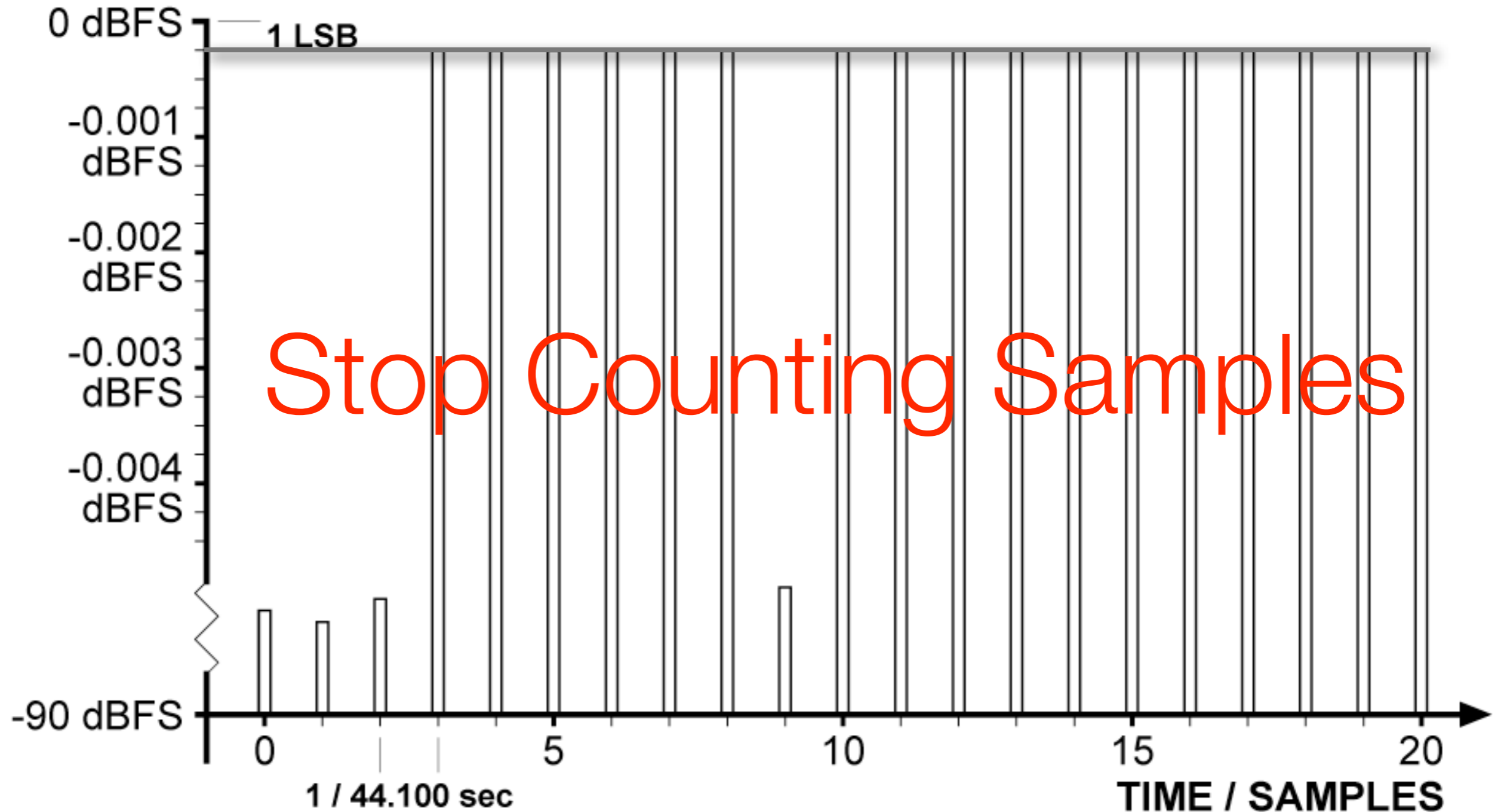
# Protect The Music

Stop Counting Samples

DIGITAL LEVEL

3

4





## References

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**Dunn, 2000** (Audio Precision paper)

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Why are Commercials so Loud?

**Nielsen & Lund, 1999 - 2003** (AES 107, 109, 111, 23 reg.)

0 dBFS+ Level in Mastering and Audio Production

**Skovenborg & Nielsen, 2004** (AES 117)

Evaluation of Different Loudness Models with Music and Speech

Thomas Lund

TC Electronic A/S

Risskov, Denmark

End